



Ottawa Voyageurs Walking Club Club de Marche Voyageurs d'Ottawa



WEST-END WALK: CARLETON HEIGHTS 2026 – TGW #027

Carleton Heights Community Centre, [1665 Apeldoorn St, Ottawa](#)

Distance: 5 km – 7 km - 10 km

Difficulty Rating: 1B

1. Exit the Community Centre and turn **left** on Apeldoorn Ave to the end.
2. **Right** on Normandy Cres to Fisher Ave.
5 km route diverges here.
3. **5 km: Right** on Fisher Ave to Falaise Rd.
4. **Right** on Falaise Rd. Continue with instructions #19-24 (in the box).
5. **7 km & 10 km: Left** on Fisher Ave for 1 block to the traffic lights.
6. **Cross** Fisher Ave at the traffic lights and keep **straight** on Viewmount Dr.
7. **Left to cross** Viewmount at Four Seasons Dr (stop sign). **Right** to continue on Viewmount to the next street.
8. **Left** on Coolspring Cres to the path on the left beside #62. **(1.75 km) Left** on the path.
9. At the junction, **right** on the paved path always keeping Nepean Creek to your right. Ignore trails to the left or right. Keep **straight** at the 4-way intersection. At the end of the trail (wire fence), **right** on the path / street to Viewmount Dr (stop sign).
10. **Carefully cross** and turn **right** on Viewmount for ½ km.
11. Just past Biscayne Cres, **left** on the paved path through Borden Farm Park. **Right** at the 'T' intersection keeping **straight** to the street (Redpine Dr).
12. **Right** on Redpine a few metres. **Carefully cross** Redpine and take the diagonal path through Red Pine Park. Keep **straight** on the path to Chesterton Dr. **(4.7 km)**
13. **Left** on Chesterton Dr to the crosswalk.
14. **Right to cross** Chesterton then **straight** on the road / path into General Burns Park ignoring any paths on the right. Exit at Seymour Ave and Benson St.
15. **Cross** Seymour Ave and keep **straight** on Benson St to the end. **Cross** and **turn right** on Inverness Ave (**5.5 km**) for almost 1 km to the stop sign at Fisher Ave & Normandy.
16. **Right** on Fisher to the traffic lights. **Cross and turn right** on Fisher to Falaise Rd.
17. **Cross** and **turn left** on Falaise Rd to the stop sign at Apeldoorn Ave.
7 km route diverges here.
18. **7 km Only: Right** on Apeldoorn Ave to return to the start point.
19. **5 km & 10 km:** Stay on Falaise Rd to the end. **Cross both** Falaise Rd and Prince of Wales (POW) Dr at the lights.
20. **Left** on Prince of Wales for 1 block. **Right** on Melfa Cres then **left** on Minaki Ave. **Right** on Melfa Cres to the path on the left across from house #795.
21. **Left** on the path keeping to the **right** at the curve. (Follow this path with the Rideau River on your left and houses on the right).
22. At the next intersection, turn **right** for a few metres, then **left** on the wide trail. (**Note:** If the path is muddy or wet, follow Kochar Dr, on the right, instead).
23. At the '+' intersection, veer **right** and take the middle path. From there, stay on the wide gravel trail passing a playground & sports fields. Keep **right** at the next '+' then stay **straight** on the wide path for some distance to the end at Kochar Dr, Prince of Wales & Normandy.

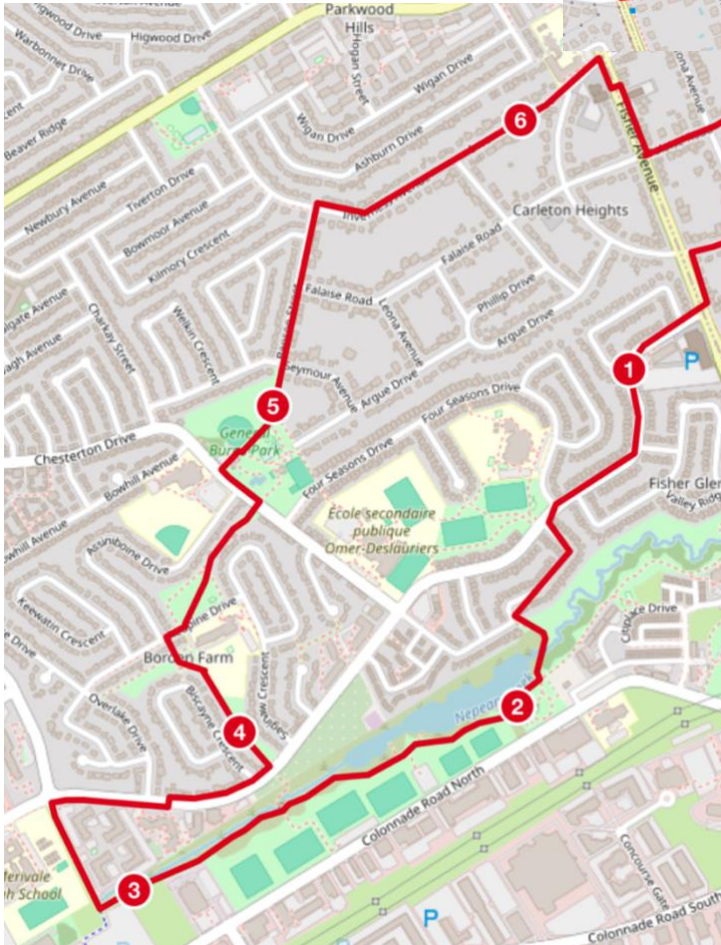
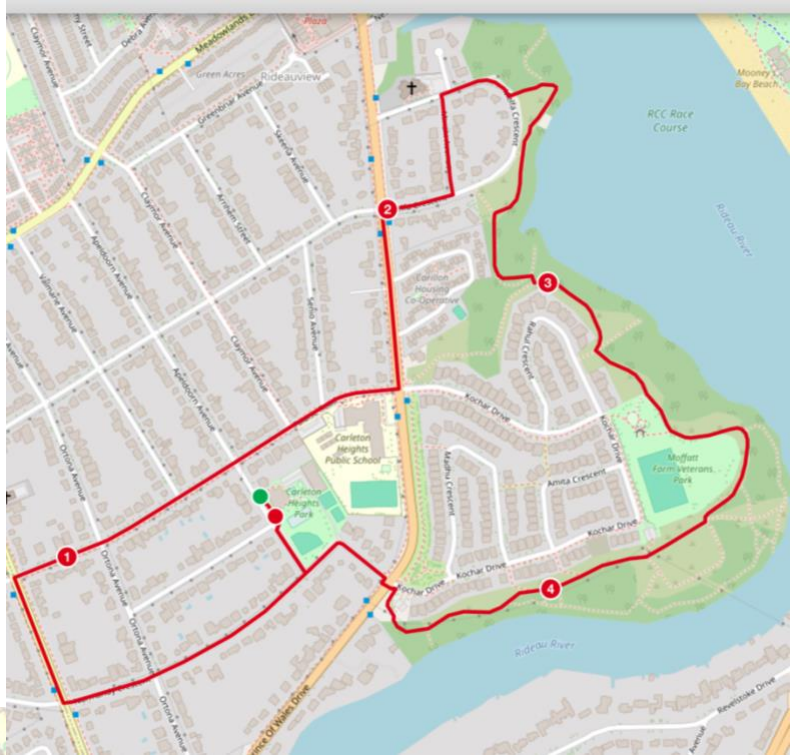


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24. **Cross** Prince of Wales Dr then **straight** on Normandy Cres. Go **left** around the curve then **right** on Apeldoorn Ave to return to the start point. (Distance: **10.4 km / 4.7 km**)

5 km (shared with 10 km)



7 km / 10 km Extension