



VOYAGEUR

The Newsletter of the Ottawa Voyageurs Walking Club
Bulletin du Club de marche des Voyageurs d'Ottawa

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2013

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Articles published in this newsletter do not necessarily reflect the views of the Ottawa Voyageurs Walking Club

President's Report

By Marion Boom President

Greetings fellow walkers! Well it has been quite a year and hard to believe it is almost over. After a beautiful fall the warm weather has left us for the time being and winter is upon us. It is time to put the shorts away and bring out the parka, tuque and mittens.

Since our last newsletter we have had two beautiful events, the Autumn Leaves Walk in Gatineau and just this past weekend the Annual Volunteer Appreciation Walk in Mer Bleu. We were very fortunate to have beautiful weather for both events.

The walks are winding down for the year with our next event, the Christmas Lights Walk on 15 Dec, being our final for the year. So come on out and enjoy an evening with your fellow walkers.

The Kingstown Trekkers will be having their Christmas Lights Walk on 14 Dec so if you happen to be in the area why not make plans to join them. The 2014 calendar is packed with events starting with a walk/snowshoe event on 11 Jan in Gatineau followed by the AGM and Winterlude in Feb.

Thanks to everyone, the Club Executive and all the volunteers who worked so hard over the past year and to all the walkers who came out for all the events.

The festive season will soon be here so I would like to wish everyone and their families a very Merry Christmas and Season's Greetings. Hope to see you in 2014. Happy Trails!



WALKING IN THE USA TENNESSEE – KENTUCKY – OHIO

By Marion Boom

A few years ago I heard about one of the Special Programs being run by the AVA, the A-Z where you need to walk in a place starting with each letter of the alphabet. Some letters (D,G,T,X,U and Z) were harder to find than others so it turned out to be a bit more challenging than I expected but after three years and several bus trips and a few surprise stops along the way I can now say I walked the US from "A to Z".

In Oct 2013 a trip was put on by Tater Tours to Tennessee, Kentucky and Ohio with walks planned for all those hard to get to places. Besides myself there were seven other Canadians on the trip; Sue and John (Kingston), Maureen (Ottawa), Sharon and David (St

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Albert, AB) and Connie (Vancouver) as well as one adopted Canadian, Pedro.

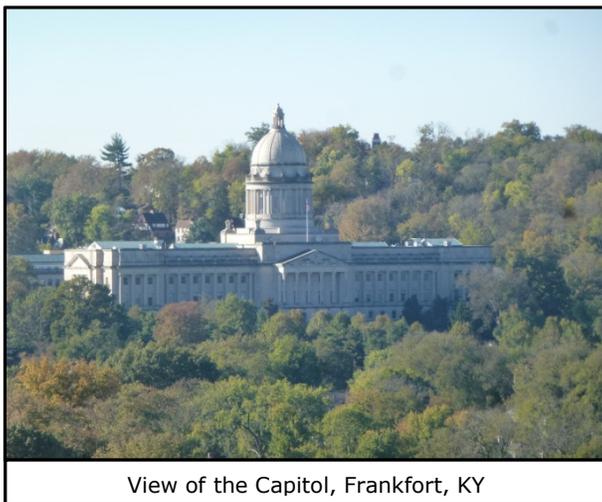
Day one started out with a tour of the Country Music Hall of Fame from where we also started our first Nashville YRE. The morning started off pretty wet and dismal however by the time we had finished our tour and headed out on the route it was much better and turned out to be great for walking. About a km or 2 into the first walk we came to the hotel where both walks officially start, did the second walk then finished off the remainder of the first walk. Throughout the day we were able to see quite a bit of the city, the downtown area and Capitol as well as the University area.

Day two was a tour day, so no walking. We visited the Ryman Museum and the Grand Ole Opry as well as visiting the Gaylord Hotel (well worth going to even if it is just to see).

The next day we headed to Chattanooga, TN, home of the famous Chattanooga Choo-Choo. For this walk we had some members from the Atlanta, GA club come up to join us. The walk took us first along the Tennessee River, up a beautiful serpentine walkway before reversing our route to take us across the river on the Glass Pedestrian Bridge. Upon returning across the bridge we headed towards downtown and out to see the Chattanooga Choo Choo. If you get tired, or run out of time because of sight-seeing and picture taking, Chattanooga has a free Electric bus that picks up people at various places throughout the city. After everyone had a chance to have lunch (at one of the many restaurants in the downtown area) it was time to head for our hotel in Cleveland, TN

After departing our hotel we had a relatively “short” drive to Maryville, TN to do the YRE there. Meeting us were several members of the local walking club. It was a beautiful sunny day to walk so everyone was thankful for that. The walk today took us along town streets, on pathways and through parks. At the end the club had bags of goodies for us to eat or take on the bus.

From Maryville it was then about a three hour drive to our hotel in Gatlinburg, our last walk in Tennessee. On the way there we drove through Pigeon Forge – talk about a tourist trip! Having said that, Gatlinburg wasn’t much better, just on the smaller side. So here was my chance to get that elusive “G”. If we had been here just two or three days earlier we would not have been able to do the walk as all the State Parks were closed. But all turned out good and we were able to do the walk. This was one of my favourites on the trip. Other than the first km or so, the entire route was in the woods and the weather was perfect for walking. After finishing the walk some of us went to a Pancake restaurant for breakfast. The wait was long – over an hour – but the service was fast.



View of the Capitol, Frankfort, KY

Now it was time to say farewell to Tennessee and hello to Kentucky, the Bluegrass State. Enroute we passed horse farms that most of us can probably only dream of owning. Our first walk was in the Capital city of Frankfort, also the resting place of Daniel Boone. There is also a famous candy store on the route where you can get free bourbon candy samples. The walk took us up to the Capital building before heading back across the bridge and up a steep hill towards the cemetery where Daniel Boone is resting. It was a steep climb but the view of the Capital building was definitely worth it.

Leaving Frankfort we then headed to Covington. The walk started from our hotel so after dropping our bags off in our rooms we headed out on the trails. The highlight of this walk was seeing the beautiful murals on the buildings along the waterfront.

Our stay in Kentucky was short as the next morning we boarded the bus and headed across the bridge into Ohio to the walk at Wright Patterson, just outside Dayton. Meeting us at the Museum were four members of the Dayton club. After watching a film on the Wright Brothers and aviation, it was time to start walking. The ‘D’ was another of those hard to get letters so thanks to Sue (Osborn) and her friends I was able to go and do the Dayton walk while



Enjoying a sunny day in Maryville, TN

the others were walking Wright Patterson. This walk took us by the home of the Wright Brothers as well as through the University area.

The last three days we stayed in Ohio doing six walks starting with Xenia, where we were greeted by the Mayor and made the news in the local paper. The headline was `Walking Group Comes to town for the `X`. Guess not much happens there that's newsworthy. From there it was onto Yellow Springs to do the walk in Glen Helen. We had a bit of excitement on this walk as everyone seemed to be missing a page of instructions - the most important page. While we were trying to figure out where to go one of the locals came along with some more of the group and took over. Thankfully she did or we probably would have missed the most beautiful part of the walk in the Nature Preserve. By the time we finished walking and were back on the bus someone decided we needed to stop for an ice cream. It was raining (and snowing) but that didn't deter us from enjoying our cones.

Next on the agenda was Vandalia followed by Zanesville, the home of the famous author Zane Gray. One more check on my A-Z list leaving only the `U` to do. By now the weather was getting to be a bit nippy, time to put the shorts away and bring out the toque and gloves (except I left them home).

Our last day for the trip and walking was in Upper Arlington and Columbus, the state capital. Walking in Upper Arlington you really see how the other `third` live. Lots of massive homes everywhere and a town very into football. Upper Arlington is also the boyhood home of Jack Nicklaus. It was a beautiful town walk along tree-lined streets. This walk also finished off my A-Z program! Yeah!

Our last walk was the Columbus Capital Walk. We started out along the river before heading up to the Capital building. Other than seeing the Capital, the highlight was walking through the German Village with its landmark restaurant, Schmidt's Restaurant. With well over an hour wait just to get in, it was (like the pancake house in Gatlinburg) well worth the wait. After filling our bellies, we then had to finish the rest of the walk. Just before the end there is a beautiful book store that is really worth a visit. Besides books you can also get puzzles there. There are about 25 rooms so you could spend all day there just browsing.

Well the trip was over and it was time to pack the suitcase for one last time. We did lots of beautiful (and some so-so) walks, saw and visited many beautiful places and left with many wonderful memories. I finished one Special Program while on this trip and started two more. Congratulations to Maureen White who also completed her A-Z book while on the trip.



Calling all Voyageur Members...

*Notice of 2014
Annual General Meeting
Ottawa Voyageurs
Walking Club*



*Avis de convocation 2014
Assemblée générale annuelle
Le Club de marche des
Voyageurs d'Ottawa*

Date: 8 February 2014
Walk: 10:00 hours
Lunch: 12:30 hours
AGM: 13:00 hours
Location: Royal Canadian Legion
800 Taylor Creek Dr.
Orléans, Ontario

Date : le 8 février 2014
Marche : 10h00
Déjeuner : 12h30
AGA : 13h00
Lieu: Légion Royale Canadienne
800 prom. Taylor Creek
Orléans, Ontario

We need to confirm numbers by **Feb 4th**
Diane's number is (613) 824-0428 or
by email to diane.hoskins@rogers.com

Confirmer votre présence pour le **4 février**
Le numéro de Diane est le (613) 824-0428
ou par courriel à diane.hoskins@rogers.com



FEET'S FEATS

Congratulations to all OVO walkers who have achieved the following awards.

EVENT ACHIEVEMENT AWARDS:

275	Brenda Campsall	1600	Bernice Murphy	2500	Kirsten Andreassen
325	Earl Campsall	1700	Doug Chase	3300	David Rupar
400	Louis Myre	1800	Helen Viel	3400	David Rupar
700	Georgina King	2000	Darlene Blight		
1000	Donna Sullivan	2400	Kirsten Andreassen		

DISTANCE ACHIEVEMENT AWARDS:

1000	Jaqueline Duck	3000	Jeannine McCann	7000	Linda Douglas
1500	Delores Lydall Jaqueline Duck	3500	Jeannine McCann	7500	Linda Douglas
2000	Delores Lydall Jaqueline Duck	4000	Jeannine McCann	14000	Lorna Giles
		4500	Brenda Campsall	17000	MJ Gibson
2500	Jaqueline Duck Jeannine McCann	5500	Earl Campsall Lise Tremblay		





CVF AWARDS Coordinator
Marion Boom

Please mail your IVV Award Books and passports to Marion c/o:

Canadian Volkssport Federation
La Fédération Canadienne Volkssport
P.O. Box 2668 / C.P. 2668
Station "D" / Succursale "D"
OTTAWA ON K1P 5W7





OVO Birthdays ~ January to June 2014

Best wishes to the following members who will be celebrating birthdays during the next six months. We apologize if we missed yours. If you would like to see it in future newsletters, please be sure to give us your d.o.b (no year required, date only) when completing your Membership Application for the up-coming year.



January

- 2 Jane Fawcett
- 3 Virginia Hui
- 10 Georgina King
- 13 Claire Goulet
- 19 Patrick Kelly
- 21 Margaret Levalliant
- 22 Mary Jean (M.J.) Gibson
- 25 Lorna Giles
- Rory Dowler
- 28 Marc St-Germain

February

- 10 Elaine Baskin
- 12 Carol Morgan
- 14 Jack Crossman
- 15 Doug Chase
- 15 Arthur Andreassen
- 15 Matthiew Fournier
- 16 Betty Gallimore
- 18 Deborah Birrell
- 24 Claire Kennedy
- 27 Jessie Fournier

March

- 10 Chuck Powell
- 12 Dorothy Thompson
- 13 Frank Simpson
- 19 Kathleen Kurtz

April

- 3 Lynda O'Dwyer
- 4 H el ene Viel
- 5 Maria McConkey
- 13 Dorothy Prieur
- 15 Diane Hoskins
- 16 Kathy Luten
- 18 Guylaine Bouchard
- 30 Dale Powell

May

- 3 Jeanie Hicks
- 8 John Osborne
- 10 Earl Campsall
- 13 David Rugar
- 15 Marion Boom

May con't

- 17 Margaret Kasurak
- 18 David Edmunds
- 28 Heather Briggs
- 28 Brian Hanley
- 28 Marilyn Hanley
- 29 Karen Venema

June

- 1 Graham Fawcett
- 4 Lise Trudel
- 6 Christina Dowler
- 11 Val erie Lee
- 12 Marlene Lake
- 14 James Atkin
- 15 Lynda Heffernan
- 17 Lise Tremblay
- 18 Richard Johnson
- 23 Maud Soo
- 23 Susan Simard
- 27 Audrey Langelier
- 29 Kevin Kluge

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OTTAWA VOYAGEUR - SOCIAL ACTIVITIES 2014



Saturday, February 8, 2014— Annual General Meeting & Walk, at the Royal Canadian Legion, 800 Taylor Creek Dr. Walk & Lunch are free for all paid members who pre-register for the Walk & Lunch. Registration forms will be in the December 2013 Voyageur Newsletter, at OVO group walks or on the OVO website. AGM Lunch registrations must be received by **Tues. Feb 4, 2014**. All others may participate in the walk for \$2.00 and pre-order lunch for \$5.00.

Sunday, April 27, 2014 or rain date Sunday, May 4, 2014 - Cleaning the Capital - Spring Clean-up. Starting from the UltraMar Gas Station at the corner of Orl ans Blvd and Jeanne D'Arc Blvd (North - home of the UltraMar YRE). Meet at 9:00 am. All participants will receive a free UltraMar YRE event stamp. Group bunch is planned, with one lucky volunteer receiving a free lunch. Mark your calendars!



Saturday, May 24, 2014 - Discover Eastern Ontario, Hard Stones Grill, 994 Notre Dame Street, Embrun, ON, K0A 1W0. Stay and enjoy refreshments at Hard Stones Grill following the walk. Breakfast also available.

Saturday, August 23 & Sunday August 24, 2014 More Days Walk - a group walk of 2 or more days. More info to follow.

Saturday, October 4, 2014 - Fall Rhapsody Gatineau Park Picnic following the walk. TBA - Make sure you check the club website at www.ottawavoyageurs.ca



Saturday, October 25 or rain date Sunday, November 2, 2014 - Cleaning the Capital - Fall Clean-up. Starting from the UltraMar Gas Station at the corner of Orléans Blvd and Jeanne D'Arc Blvd (North - home of the UltraMar YRE). Meet at 9:00 am. All participants will receive a free UltraMar YRE event stamp. Group bunch is planned, with one lucky volunteer receiving a free lunch. Mark your calendars!



Saturday, November 1, 2014 CVF10616 - Volunteer Appreciation Walk and Lunch. Details will be circulated later in the season and posted on our website: www.ottawavoyageurs.ca



Sunday, November 23, 2014 - 11th Annual Ottawa Voyageurs Christmas Party. Location TBA - an email will be circulated in October and notices will be at club walks. Make sure you check the club website at www.ottawavoyageurs.ca

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## TRAILS REPORT

By Karen Venema, Acting Trail Director

As this newsletter is published, the Ottawa Voyageurs walking program is well underway. We have hosted 20 of our 21 scheduled events to date. Enjoy the walks and don't forget to participate in the group YRE Winter Walks.

| #  | Walk #    | Date      | Name                      | Paid | Free | Event Total | 2013 YTD Total | 2013 YTD Avg |
|----|-----------|-----------|---------------------------|------|------|-------------|----------------|--------------|
| 1  | CVF 10601 | 12-Jan-13 | Snowshoe/Walk             | 8    | 1    | 9           | 9              | 9            |
| 2  | CVF 10602 | 9-Feb-13  | AGM Walk                  | 4    | 30   | 34          | 43             | 22           |
| 3  | CVF 10603 | 16-Feb-13 | Winterlude                | 25   | 7    | 32          | 75             | 25           |
| 4  | CVF 10604 | 11-May-13 | OCRC Charity Walkathon    | 44   | 0    | 44          | 119            | 30           |
| 5  | CVF 6966  | 18-May-13 | Tulip Festival            | 58   | 2    | 60          | 179            | 36           |
| 6  | CVF 6967  | 19-May-13 | Tulip Festival            | 32   | 4    | 36          | 215            | 36           |
| 7  | CVF 6968  | 20-May-13 | Tulip Festival            | 42   | 7    | 49          | 264            | 38           |
| 8  | CVF 10605 | 25-May-13 | Discover Western Quebec   | 22   | 4    | 26          | 290            | 36           |
| 9  | CVF 10606 | 11-Jun-13 | Exploring Orleans         | 20   | 5    | 25          | 315            | 35           |
| 10 | CVF 10607 | 22-Jun-13 | Honouring French Heritage | 37   | 4    | 41          | 356            | 36           |
| 11 | CVF 10608 | 25-Jun-13 | Carson Grove              | 28   | 2    | 30          | 386            | 35           |
|    |           |           |                           |      |      |             |                |              |

| #  | Walk #    | Date      | Name                        | Paid | Free | Event Total | 2013 YTD Total | 2013 YTD Avg |
|----|-----------|-----------|-----------------------------|------|------|-------------|----------------|--------------|
| 12 | CVF 10609 | 1-Jul-13  | Canada Day                  | 59   | 5    | 64          | 450            | 38           |
| 13 | CVF 10610 | 9-Jul-13  | Rideau River Walk           | 31   | 3    | 34          | 484            | 37           |
| 14 | CVF 10611 | 23-Jul-13 | New Edinburgh/Rockcliffe Pk | 31   | 4    | 35          | 519            | 37           |
| 15 | CVF 10612 | 6-Aug-13  | Petrie Island Walk          | 41   | 4    | 45          | 564            | 38           |
| 16 | CVF 10613 | 20-Aug-13 | Discover Beacon Hill        | 30   | 11   | 41          | 605            | 38           |
| 17 | CVF       | 24-25 Aug | More Days Walk              | 23   | 0    | 23          | 628            | 37           |
| 18 | CVF 10614 | 7-Sep-13  | OVO Annual Walk             | 30   | 27   | 57          | 685            | 38           |
| 19 | CVF 10615 | 5-Oct-13  | Fall Rhapsody-Gatineau Park | 32   | 26   | 58          | 743            | 39           |
| 20 | CVF 10616 | 2-Nov-13  | Volunteer Appreciation Walk | 0    | 44   | 44          | 787            | 39           |
| 21 | CVF 10617 | 15-Dec-13 | Christmas Lights Walk       |      |      | 0           | 787            | 37           |

| #  | YREs | Name                                           | Paid | Free | Total Jan-Jun | Total Jul-Dec | 2013 Total |
|----|------|------------------------------------------------|------|------|---------------|---------------|------------|
| 1  | 195  | Hill Butcher Shop, Beacon Hill Shopping Centre | 38   | 0    | 38            |               | 38         |
| 2  | 214  | New Edinburg Shell Service Station             | 15   | 0    | 15            |               | 15         |
| 3  | 277  | Tribut to Cdn Forces, Champagne Bath           | 31   | 0    | 31            |               | 31         |
| 4  | 018  | Bob McQuarrie Recreation Complex               | 91   | 0    | 91            |               | 91         |
| 5  | 152  | Forest Valley Mac's Convenience Store          | 56   | 0    | 56            |               | 56         |
| 6  | 050  | Ray Friel Center                               | 70   | 0    | 70            |               | 70         |
| 7  | 213  | Ultramar Service Station                       | 23   | 10   | 33            |               | 33         |
| 8  | 268  | Sports 4, Ottawa Downtown                      | 43   | 0    | 43            |               | 43         |
| 9  | 233  | Blackburn Hamlet, Shopper;s Drug Mart          | 33   | 0    | 33            |               | 33         |
| 10 | 273  | RA Centre                                      | 16   | 0    | 16            |               | 16         |
| 11 | 281  | Shoppers Drug Mart, Alta Vista Dr              | 21   | 3    | 24            |               | 24         |
| 12 | 027  | Taggart Family YM-YWCA                         | 37   | 2    | 39            |               | 39         |



## OTTAWA VOYAGEURS EVENTS 2014

*The following is a listing of club events to year end. Don't forget to sign up to volunteer at the Annual General Meeting. Ask for the Volunteer Book.*

| Week Day | Date       | Event                                                                   | Time          | Type |
|----------|------------|-------------------------------------------------------------------------|---------------|------|
| Saturday | 11/01/2014 | Gatineau Park - Snowshoe/Walk Relais Plein Air, Gatineau, QC            | 09:30 - 10:00 | GW   |
| Saturday | 08/02/2014 | OVO Annual General Meeting & Walk, Orleans Legion 800 Taylor Cr Dr      | 10:00 - 11:00 | MW   |
| Saturday | 15/02/2014 | Winterlude Walk -To Be Determined check www.ottawavoyageurs.ca          | 10:00 - 11:00 | MW   |
| Thursday | 08/05/2014 | World Walking Day, Liam Maguire's, 1705 St. Laurent Blvd. K1G 3V4.      | 18:00 - 19:00 | EMW  |
| Saturday | 10/05/2014 | 16th Move Your Feet so Kids Can Eat, Orléans-Cumberland Resource Centre | 10:00 - 11:00 | MW   |
| Saturday | 17/05/2014 | Tulip Festival - RA Centre 2451 Riverside Dr                            | 09:00 - 12:00 | MW   |
| Sunday   | 18/05/2014 | Tulip Festival - Major's Hill Park, Mackenzie Ave                       | 09:00 - 10:00 | MW   |
| Monday   | 19/05/2014 | Tulip Festival - RA Centre 2451 Riverside Dr                            | 09:00 - 12:00 | MW   |
| Saturday | 24/05/2014 | Discover Eastern Ontario - Embrum, ON                                   | 09:00 - 10:30 | MW   |
|          |            |                                                                         |               |      |

| Week Day | Date       | Event                                                                     | Time          | Type |
|----------|------------|---------------------------------------------------------------------------|---------------|------|
| Tuesday  | 10/06/2014 | Discover Orleans - Barley Mow, 2034 Tenth Line Road, Orléans ON           | 18:00 - 19:00 | EMW  |
| Saturday | 21/06/2014 | Honouring French Heritage, 300 des Peres Blancs, Vanier                   | 09:00 - 10:00 | MW   |
| Tuesday  | 24/06/2014 | Grace O'Malley's, 1151 Ogilvie Rd, Ottawa                                 | 18:00 - 19:00 | EMW  |
| Tuesday  | 01/07/2014 | Canada Day Walk - YM/YWCA, 180 Argyle St Ottawa                           | 08:30 - 09:30 | MW   |
| Tuesday  | 08/07/2014 | Rideau River Walk - RA Centre, 2451 Riverside Dr, Ottawa                  | 18:00 - 19:00 | EMW  |
| Tuesday  | 22/07/2014 | New Edinburgh Pub, 1 Beechwood, Ottawa                                    | 18:00 - 19:00 | EMW  |
| Tuesday  | 05/08/2014 | Petrie Island Tour - Orleans Legion, 800 Taylor Creek Dr, Orleans         | 18:00 - 19:00 | EMW  |
| Tuesday  | 19/08/2014 | Camilio's Bar & Grill, 902 Shefford Rd, Beacon Hill, Ottawa               | 18:00 - 19:00 | EMW  |
| Saturday | 23/08/2014 | More Days Walk - TBA                                                      | 9:00          | GW   |
| Saturday | 06/09/2014 | 30th Annual Volksmarch, Orleans Legion, 800 Taylor Creek Dr, Orleans      | 09:00 - 10:30 | MW   |
| Saturday | 04/10/2014 | NCC Fall Rhapsody Walk - Gatineau Park                                    | 09:00 - 10:30 | MW   |
| Sunday   | 14/12/2014 | Christmas Lights -Connors Irish Pub, 2401 St Joseph, Orléans, ON, K1C 1E9 | 18:00 19:00   | EMW  |

Ledgend: EMW – Evening Map Walk; MW – Map Walk; GW – Group Walk; VW - Volksmarch

Full details on all walks is available at [www.ottawavoyageurs.ca](http://www.ottawavoyageurs.ca)

## OTTAWA VOYAGEUR'S YEAR ROUND EVENTS (YREs)



1. **Bob McQuarrie Recreation Complex CVF-18** :- 1490 Youville Drive, Orléans. Open from 0800-1900 Sunday to Saturday with registration closing at 5 pm. Walk Box located at the registration desk in lower lobby. Free parking and washrooms are available. **DIRECTIONS:** Take Highway 174 East towards Orleans, exit at Jeanne D'Arc Blvd. Turn right on Jeanne D'Arc Blvd to the next set of traffic lights Turn right on Youville Dr. The Bob McQuarrie Recreation Centre is on your immediate right. For more info on this walk call Darlene Blight (613) 830-4782
2. **Mac's Store CVF-152** :- 1600 Forest Valley Drive, Orléans, Open Monday to Friday 07:00- 23:00 and Saturday/Sunday from 08:00 - 23:00. Walk Box located at the end of the counter closest to the door to the gas bar, ask staff for the walk box. Free parking is available at the store. Washrooms are not available. **DIRECTIONS:** from hwy 174 exit Jeanne d'Arc Blvd, turn south on Jeanne d'Arc Blvd pass straight through the traffic circle continuing on Jeanne d'Arc Blvd up the hill, at the 2nd traffic light (Orleans Blvd) turn right continue to Forest Valley Dr. Mac's Milk convenience is on your right at the gas bar. For more info on this walk call David Edmonds/Carolle Sequin (613) 837-2454
3. **Ultramar Service Station CVF-213** :- Corner of Orléans Blvd. and Jeanne d'Arc Blvd. (north intersection). Ultramar is open every day. Registration is from 08:00 - 19:00 hrs. Trail closes at 21:00 pm. Walk box on floor behind counter to the left of the coffee bar. Ask Staff for the walk box. Free parking is available at the shopping centre. Washrooms at start point. **DIRECTIONS:** Exit Highway 174 at Jeanne d'Arc Blvd, head North on Jeanne d'Arc to the intersection with Orleans Blvd. Turn left on Orleans Blvd and then immediately right into the mall parking lot. For more info on this walk call Kathy Luten (613) 830-7437
4. **New Edinburgh, Shell Service Station CVF-214** :- 1 Montreal Road, Vanier, ON. Station is open every day. Registration is open from 08:00 - 18:00. Walk box in the lower left cupboard of the coffee bar. Let Staff know you are getting the walk box. Park as directed by station attendants or on street, DO NOT park at the shopping mall across the street. Washrooms at start point. **DIRECTIONS:** Exit highway 416 at Vanier Parkway, head north on Vanier Parkway to Montreal Rd, turn left to the Shell Service Station on your right just before the Cummings Bridge. Turn right just past the service station and park on one of the side streets. For more info on this walk call Karen Venema (613) 731-5417
5. **Ray Friel Centre CVF-50** :- 1585 Tenth Line Road. Open daily from 8:00 am - 9:00 pm. Walk box is located in the wooden box mounted on the wall to your immediate right as you enter the washroom foyer. Free parking and washrooms available. **DIRECTIONS:** Exit highway 174 at Tenth Line, head south on Old Tenth Line to Tenth Line and turn left (South) to the Ray Friel Centre on your left just past the Ottawa Public Library lots of parking. For more info on this walk call Ole Olson (613) 824-1583

6. **Beacon Hill Shopping Centre, The Hill Butcher CVF-195** :- 2339 Ogilvie Road. Open weekdays from 9:30 am - 5:00 pm. Weekends 10:00 - 5:00 pm Closed statutory holidays. Walk box is on floor to your immediate left in the corner behind the counter. Let Staff know you are getting the walk box. Free parking and washrooms available. **DIRECTIONS:** Exit highway 174 at Montreal Rd and head west to Ogilvie Rd. Turn right on Ogilvie Rd to the Beacon Hill Shopping Centre on your left. For more info on this walk call Betty Gallimore (613) 747-4809
7. **Blackburn Hamlet, Mac's Store CVF-233** :- 2638 Innes Road, Ottawa, ON K1B 4Z5. Open daily 8 am to 10 pm daily. Please ask staff for the walk box. Free parking available at the mall. **DIRECTIONS:** Exit highway 174 at the Montreal Rd exit and go East towards Green's Creek. At the traffic lights turn right on Bearbrook Rd into Blackburn Hamlet to Old Innes Rd. Turn left and then right into the parking lot just past the Tim Hortons. Shoppers Drug Mart is straight ahead as you enter the parking lot. For more info on this walk call Perry Crowder (613) 837-9914
8. **SPORT 4 - Ottawa Downtown CVF-268**:- 151 Bank St. (between Laurier and Slater) K1P 5N7. The walk will be open during store hours: M-W 9:30 - 18:00; Th -F 9:30 - 20:00; Sa 9:30 - 17:30 and Su 12:00 - 17:00. **DIRECTIONS:** From the WEST take Hwy 417 East exiting at Kent St (Exit 120) follow Kent North to Somerset St, turn RIGHT to Bank St, turn LEFT and the Sport 4 store is on your left just past Laurier Ave. Note: there is limited parking on Gloucester St (turn left off Bank St) or to access under ground paid parking at Lesplanade Laurier, turn right onto Laurier, then right on O'Connor, and right onto Gloucester: entrance to parking lot is on your right. From the EAST exit the 417 at Metcalfe going down the ramp and straight ahead on Catherine St to Bank, RIGHT on Bank St following the above instructions for parking. If you wish to confirm the hours of operation please phone (613) 234-6562. For more info on this walk call Donna Sullivan (613) 24-6850
9. **RA Centre, East Entrance Reception CVF-273** :- 2451 Riverside Drive. Open daily from 8:00 am - 10:00 pm. Ask for the Walk Box at the East Entrance Reception counter. Free parking and washrooms available. **DIRECTIONS:** From Hwy 417 exit at Bronson Ave. Go south on Bronson and exit at Riverside Drive. Go east on Riverside Dr. to the RA Centre on your immediate right. For more info on this walk call Dori Prieur (613) 224-6880
10. **Champagne Bath, Tribute to the Canadian Forces CVF-277** :- 321 King Edward Ave. Open 06:15 - 22:00 except Thursday, Saturday and Sunday from 09:00. Ask for Walk Box at reception desk. Parking on street beside the Champagne Bath or immediately behind the centre. Washrooms are available in the centre. **DIRECTIONS** Exit highway 417 at King Edward through Sandy Hill passing Rideau Street to 321 King Edward Ave. Champagne Baths are on your right. For more info on this walk call Benoit Pinsonneault (613) 746-9071
11. **Shoppers Drug Mart, Ottawa Lighthouse Walk CVF-281** :- 1559 Alta Vista Dr, Ottawa, ON K1G 0E9 Open daily from 8:00 am to midnight. Walk Box behind the sales counter. Please ask cashier for the Walk Box. Free parking and washrooms available at the Tim Horton's in plaza. **DIRECTIONS:** Highway 417 to the Alta Vista exit. South on Riverside Drive to the lights at Industrial Ave. Left on Industrial to the next set of lights, turn right on Alta Vista Drive to 1559 in the plaza on your left. For more info on this walk call Benoit Pinsonneault (613) 746-9071
12. **Taggart Family Y CVF-027**:- 180 Argyle Avenue, Ottawa, Ontario, Canada K2P 1B7. Open Mon - Fri: 5:30 am - 11:00 pm; Sat: 7:00 am - 7:00 pm; Sun: 8:00 am - 6:00 pm. Please ask Y staff for the Walk Box which is at the registration counter. Parking on the streets near the Y or in the Y parking lot @ \$1.50 per half-hour, max. \$10 or flat rate of \$4 Evening/Weekends. **DIRECTIONS:** Traveling west on highway 417 Exit at Metcalfe, stay in the left lanes going straight ahead on Catherine St to Bank St, right on Bank St to Argyle St. right on Argyle to the Y. Traveling east on highway 417 Exit at Kent St, following Kent St to Flora St, turn right to Bank St, turn right to Argyle St, turn left and continue to the Y on your right. For more info on this walk call Ole Olson (613) 824-1583.

## **OVO BUS TRIP 2013 – FINGER LAKES NY 31 MAY – 02 JUNE**

Another successful and, by the comments overheard, very enjoyable bus trip is now over. This year's trip by the OVO was to the Finger Lakes in New York with 46 people along for the ride (and walks).

A BIG thank you goes out to many people for all the hard work done prior to the trip; Benoit Pineseault for arranging the bus and admin for the trip, Jane Fawcet for finding us the hotel and looking after the US walks done on the trip, Pat Deroche and Heather Briggs (who unfortunately was unable to join us on the trip) for making up all the snack bags and looking after the registration sheets for all the walks as well as sending out all the emails keeping everyone informed of the bus schedule and other info for the trip, and Louis Myre who helped out with the walk registrations and other admin on the trip (and also being the official "hugger" on the trip). Transportation was provided by the 417 Bus Company with Jerry as our driver. Without these people, the trip would not have been as great as it was.

During the trip we walked in Prescott, Oswego, Watkins Glen, Cortland, Ithica and Gananoque. Although it was a bit hot and humid for some of the walks, we were lucky and were able to avoid most of the rain we thought we would be getting.

Although this was a walking trip, not every moment was spent walking. On Saturday, Day 2, arrangements

were made to have an enjoyable lunch at one of the local vineyards near Watkins Glen upon completion of our morning walk. After lunch we were entertained by one of our new members, Luc Leduc, who presented us with a magic show. Thanks Luc, it was very enjoyable and I'm sure many of us are still trying to figure out how you did everything.

There were many new people on this year's trip. Hope you enjoyed the walking as well as the trip itself and come back another year.

Hope you enjoy reading the articles on all the walks we did during our trip. Thanks to everyone who volunteered for this, especially all the new walkers.

Happy trails everyone, have a nice summer and hope to see you on the next trip.

## Walk #1 Friday 31 May, in Prescott, Ontario, by Benoît Pinsonneault

Our first walk of our 2013 Bus Trip was in Prescott, Ontario, which started from a parking lot at the rear of the Forwarder's Museum on Water Street. For the first part, we walked along the St. Lawrence River on a beautiful and sunny Friday morning; first through the marina and then passing in front of Fort Wellington as well as going further east to finally return to Fort Wellington National Historic Site and zigzagging through a beautiful and quiet town back to the starting point. A wonderful 5km warm-up walk to start our 2013 Bus Trip to the Finger Lakes area in Up-State New York.



Let me now provide you with a few words on Prescott's history, which has deep historical roots through its establishment as a Loyalist town in 1784

and its involvement in the War of 1812 with Fort Wellington. Founded in 1810 by Colonel Edward Jessup, he named the new settlement "Prescott" in honour of General Robert Prescott who had been Governor of Canada from 1796-1799. Prescott was a strategic military site for the protection of the Canadian border against the American and French invasions. Therefore, Fort Wellington was built between 1813 and 1814 to defend the St. Lawrence River and the town.

## Walk 2 Friday 31 May, Oswego – Tammy Simpson

This is my first article on my first OVO bus trip. When we arrived at our drop off location in the hot afternoon Oswego sun, I was wondering what to expect on my first 10 K in this tremendous heat! As we gathered under the large shade tree by the bus to re-group, I wondered "Man it's HOT ... what am I getting myself into?"



Our group started along the side walk trails, first passing a beautiful and well landscaped park (Franklin Square). This park was filled with many mature oaks and maple trees and was lined with several older majestic homes facing from all sides. Many of these magnificent houses along this route were from the War of 1812 era.

Continuing along, as we baked in the sun, to Breitbeck Park and the view of the boats on the Oswego River we

proceeded to the Kinston Bell Arch (a unique looking bell tower overlooking the water). Lots to see along the way such as the a working tug boat, Oswego Railroad Museum, the Harbour Rail Trail which takes you to the Seaway Trail Gateway with lots of fragrant flowers in the Peace Garden (dated 1812). Did I mention it was HOT?

Somewhere along this way we got separated from our group but managed to find Fort Ontario. Uphill, in the heat... ahem... we continued. Thinking we must be going the wrong way as we did not see anyone, we walked downhill to meet some fellow walkers approaching us who assured us that we must indeed go back up the hill! Back up the hill (whew!) past the cemetery and an Army Reserve Centre. Through this entire area we saw no people outside, on the roads and we all commented it was like a "ghost town". I think they were all inside their air conditioned homes!

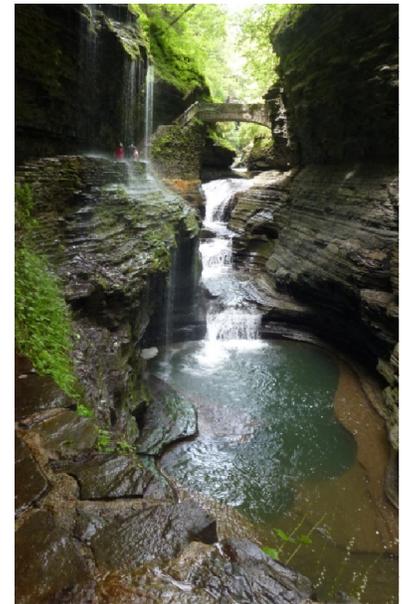
Through the nice COOL tunnel past the Safe Haven house (which I learned was a home for Jewish refugees during WWII), and then back along the local side streets with beautiful gardens.

I for one was happy to get back to the bus. I enjoyed the scenery, the walking companions along the way, but to be very honest... it was just too HOT for this walk on all that pavement. Oswego was a nice quaint town and I hope to return on a cooler day.

### **Walk 3 Saturday 1 June, Watkins Glen – Carol Young**

Glistening waterfalls, cool rocky walkways, quiet sedentary pools! What else could a walker ask for on a "stinky" hot day when temperatures soared above 30° Celcius? The beautiful stone paths twisted and wound over and under 19 waterfalls. The landscape was truly spectacular, if at times a little bit challenging to both experienced and inexperienced walkers. However, the picturesque views were well worth the effort. For those of us who made it to the summit, there was time for a much deserved rest and a snack before starting the descent back to the bus.

This was my first bus trip with the Ottawa Voyageurs Club and I have to say I was well looked after by caring, considerate club members who were willing to share their experiences and their laughs with all participants. Thank you for a wonderful experience.



### **Walk 4 Saturday 1 June, Ithaca**

The second walk on Day 2 of the bus trip was in Ithaca, home of the well known Cornell University. Due to a longer than planned lunch, and extremely hot temperatures, everyone walked the 5KM route. Setting off in small groups, we passed several of the many horse farms that can be found in the area before heading towards the center of town and into the university area. Yes, that is a piano in the picture hanging from the trees. Must have been a last prank by the students before leaving for the year. After passing thru the campus, we continued along a quiet street before finishing the walk on a beautiful paved path.



### **Walk 5 Cortland 2 June, 2013 – Helene Leduc**

It was a bright sunny Sunday morning. Our starting point was the YMCA, right across from the 1890 House

Museum. We walked by many large, old, yet well kept frat houses on our way to the Red Dragons' baseball field. We saw a large 30x8 foot peony garden, which was just beginning to bloom, and was also guarded by an artist made Peony Garden Guard force. It misted a little at first, but then rain fell earnestly for a short while, continuing off and on. The rain did stop, giving us a little time to dry before returning to the YMCA in order to catch our bus. Despite the rain, the beauty of this historic town was in full evidence in the architecture of the houses we passed, the park with deer, as well as the impressive county courthouse.



We were accompanied by Cindy and her very well behaved 6 year old dog. Cindy resides in Cortland and is an active member of the Volkssport club and a motivated fitness buff. We had great conversations with her as well as our fellow travelers while walking.

## Walk 6 Sunday 2 Jun – Gananoque – Michelle Demers

Gananoque – “Gateway to the Thousand Islands”. The last leg of our trip brought us to this pictorial hub of scenic beauty. With a population of just over 5,000 permanent residents this picturesque little town is situated on the shores of the St Lawrence and Gananoque rivers. The rich culture and natural attractions entice many vacationers and day-trippers to the area. Our 5km walk began at the Information Centre on King Street located next to the unique locomotive engine #500 which has been preserved at Sculpture Park. The original 5-KM railway line opened 1 January 1884 and ran for 111 years. Following the Gananoque Trail to the gate of the bridge we then crossed the canal. To the left of the bridge we were treated to an outstanding view of Confederation Park.

Once we had passed over the dam we proceeded on a paved path to Tanner Street with many lovely old homes to admire. Turning onto King St W we passed by The Town Hall. This unique home was built in 1831 and today it is used for public purposes such as Town Administration Offices which include, for example, the Official Treasurer’s Office and Council Chambers. Major restorations and renovations were undertaken in 1977-1979 to bring out the best features of the house. Continuing to Bay Street where we encountered Bella, a Great White Pyrenees dog who, according to her owner, was not generally friendly toward strangers but did welcome us with open paws to enjoy with her the beauty of the Municipal Marina.



Walking along several streets to Stone, we passed Stone Water Manor B & B Irish Pub which was written up in The National Geographic Traveler’s Magazine as one of the highlights of Gananoque. Turning right on Stone Street S we continued along several streets back to the Start Point.

This was a great walking experience and definitely a visit-again destination.



**OTTAWA VOYAGEURS WALKING CLUB  
CLUB DE MARCHÉ DES VOYAGEURS D'OTTAWA**

**MEMBERSHIP APPLICATION  
DEMANDE D'ADHÉSION**

**MEMBER INFORMATION / RENSEIGNEMENTS SUR LE MEMBRE**

Date:  Renewal / Renouvellement  New Member / Nouveau membre

Name:  
Nom :

Phone (H): Téléphone (M) : Phone (W): Téléphone (B) : Fax: Télécopieur :

Address:  
Adresse :

City: Ville : Province: Postal Code: Code Postal :

E-mail: Courriel : Date of birth: Date de naissance :

Would you be willing to help with club activities?  Yes / Oui  No / Non  
Accepteriez-vous d'aider le club dans ses activités ?

**COMPLETE THE FOLLOWING IF THIS IS A FAMILY MEMBERSHIP:  
À COMPÉTER DANS LE CAS D'UNE ADHÉSION FAMILIALE :**

Spouse Name:  
Nom du conjoint:

Phone (H): Téléphone (M) : Phone (W): Téléphone (B) : Fax: Télécopieur :

E-mail: Courriel : Date of birth: Date de naissance :

Would you be willing to help with club activities?  Yes / Oui  No / Non  
Accepteriez-vous d'aider le club dans ses activités ?

**CHILDREN (under 18) STILL LIVING AT HOME / ENFANTS (-18) VIVANT TOUJOURS À LA MAISON :**

Name: Nom : DOB: DDN : Name: Nom : DOB: DDN :

Name: Nom : DOB: DDN : Name: Nom : DOB: DDN :

**ANNUAL MEMBERSHIP FEE / FRAIS DE COTISATION ANNUELLE**

**Single Membership – \$15**  
**Adhésion individuelle – 15 \$**  **Family Membership – \$30**  
**Adhésion familiale – 30 \$**

**Amount Enclosed / Montant ci-inclus:**  **Cash / comptant**  **Cheque / cheque**

**PLEASE SEND APPLICATION FORM TO:  
ENVOYER LA DEMANDE D'ADHÉSION À :**

Ottawa Voyageurs Walking Club / Club de marche des Voyageurs d'Ottawa  
Attn: Membership Coordinator  
6491 Boul Jeanne D'Arc Blvd, PO Box 62041, ORLEANS ON K1C 7H8

Recommended by:

Date received:  Cash \$ \_\_\_\_\_  Cheque # \_\_\_\_\_

Package sent: Membership #: Membership #: