



VOYAGEUR

*The Newsletter of the Ottawa Voyageurs Walking Club/
Bulletin du Club de marche des Voyageurs d'Ottawa*

Volume III issue 2

Winter

December 2004

Club Executive 2004

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*The opinions expressed by others in
this newsletter are not necessarily
those of the Ottawa Voyageurs
d'Ottawa Walking Club.*

A WORD FROM THE PRESIDENT

Year 2004

Our third year of existence is almost completed. Our young club needs a renewal. Please be informed that all our Executive Committee positions, i.e. seven (7) in total, will become vacant and must be filled for a two-year mandate at our upcoming Annual General Meeting scheduled for 1900 hours on February 16, 2005 at the Royal Canadian Legion in Orléans. For more details, see the notice published on the last page of the newsletter. Changes prove necessary to our Executive in order to perpetuate our regeneration and motivation. Please be informed that I will not seek reelection as President of our club, a position that I hold since the beginning of 2000. After five years as President, I think it is time for new blood and spirit at the management level of our club. I also want to devote more time into my new function as Vice-President of the Canadian Volkssport Federation in support of our most dynamic and enthusiastic National President to whom I have made a commitment.

Thank you to our 50 volunteers who gave our club some of their precious time all through this year to support all of our activities, special events as well as our YREs, which went smoothly, in the best interest of all the walkers.

Continued on page 2

MOT DU PRÉSIDENT

L'an 2004

Notre troisième année d'existence tire déjà à sa fin. Notre jeune club a besoin d'un renouveau. Soyez informés que toutes les positions de votre comité exécutif, soit sept (7) au total, deviennent vacantes et devront être comblées, et ce, pour un mandat de deux ans, lors de notre prochaine assemblée générale annuelle, prévue pour le 16 février 2005, à la Légion royale canadienne d'Orléans pour 19h00. Pour de plus amples détails, voir l'avis de convocation, publié à la fin du présent Bulletin d'information. Des changements s'avèrent donc nécessaires au sein de notre exécutif afin de perpétuer notre régénération et motivation. Je tiens déjà à vous faire part que je ne soumettrai pas ma candidature à la présidence de notre club, position que j'occupe depuis le début de l'an 2000. Après cinq années à ce poste, je crois qu'il est temps pour du sang et un souffle nouveau à la direction de notre club. Je veux également consacrer plus de temps à ma fonction de vice-président de la Fédération canadienne Volkssport en appui de notre dynamique et enthousiaste président national envers qui je me suis engagé.

Merci aux 50 bénévoles du club qui nous ont donné de leur temps précieux tout au cours de cette année afin que toutes nos activités, tant les événements spéciaux que nos marches continues, puissent se dérouler sans accroc ni heurt, dans le meilleur intérêt de tous les marcheurs qui en ont bénéficié. Une journée d'appréciation des bénévoles, parrainée, cette année, par les Nomades de Nepean, a eu lieu le 6

novembre dernier où un excellent et abondant repas de chili avec salade et café fut servi aux participants après une marche de 10 ou 5 Km en forêt par un temps nuageux, venteux et quelque peu frisquet. Un repas chaud était des plus bienvenu et fut fort apprécié par tous les convives. Seulement 13 Voyageurs ont participé à cette célébration dont le seul but était de vous remercier pour votre contribution au cours de l'année qui prend fin.

Notre 2^e voyage en autobus au cours de la longue fin de semaine de la fête du travail dans le nord ontarien (North Bay-Sudbury-New Liskeard) fut, encore une fois, un succès. Je vous invite donc à participer encore en plus grand nombre à notre 3^e voyage qui se dessine vraisemblablement vers un voyage chez nos voisins du sud dans les états de New York et du Vermont si les coûts sont abordables. Plus de détails à ce sujet lors de notre AGA. Un changement de décor est toujours bienvenu !

La saison 2005

Notre programme de marche pour l'année 2005 se compose de 10 marches continues, soit une de moins que l'année précédente. La marche continue partant de la Gasthaus Zum Dorf-Krug, YRE #281, temporairement incorporée dans la boîte de la marche continue du Nouveau Edinburgh de la Station Shell au 1, Chemin Montréal, Ottawa, Ontario, vu la fermeture de la Gasthaus en avril dernier, prendra donc fin le 31 décembre 2004 et ne sera pas renouvelée pour l'année 2005. Nous aurons, encore cette année, 17 événements spéciaux à notre horaire d'événements ; notre club s'implique donc pour une première fois cette année, et également pour les années à venir, à organiser une marche avec carte pour la 3^e fin de semaine de Bal de Neige.

Le projet d'une autre marche nouvelle, intitulée « La marche de la Découverte de l'extrême-est ontarien / de l'ouest québécois » est reportée à l'an 2006. Les résultats de notre visite à St-Albert, Ontario, se sont avérés négatifs : le village étant trop petit pour accommoder une marche de 10 Km ou même de 5 Km, et ce, dans le cadre du Festival de la Curd. De nouveaux endroits seront donc explorés pour l'année 2006.

Mot de la fin / Souhaits d'occasion

Je vous invite tous pour la marche des lumières de Noël, prévue pour dimanche, le 12 décembre 2004. Quelle belle occasion pour s'échanger, de vive voix, les souhaits du temps des fêtes et de festoyer tous ensemble avant de se quitter pour cette période intense de réjouissances familiales.

De la part de votre exécutif : Joyeux Noël, Bonne Année à tous et chacun(e) ainsi qu'à vos familles !

Que la marche soit avec vous !

A Volunteer Appreciation Day, sponsored this year by the Nepean Nomads, took place on November 6, 2004 where an excellent and abundant chili meal with salad and coffee was served to the participants after a 10/5 Km walk in the woods under a cloudy, windy and brisk weather. A hot meal was most welcome and appreciated by all the volkssporters. Only 13 Voyageurs participated in this festivity intended to thank you for your contribution throughout the past year.

Our 2nd Annual Bus Trip, which took place during the long Labor Day weekend, to Northern Ontario (North Bay-Sudbury-New Liskeard) was, once again, a success. I therefore invite you to participate in even bigger number to our 3rd trip, which will likely bring us to our neighbours, South of the border, mainly in the states of New York and Vermont if affordable. More details on this subject at our AGM. A change of scenery is always welcome!

2005 Forecast

Our 2005 Walking Program consists of 10 YREs, i.e. one less than last year. YRE #281, starting from the Gasthaus Zum Dorf-Krug, temporarily incorporated in the New Edinburgh Shell Station Year-Round box, at 1 Montreal Road, Ottawa, Ontario, due to last April's closing, will end on December 31st and will not be renewed for 2005. We will, once again this year, have 17 Special Events in our schedule; for the first time, and in the future, our club will organize a map walk for the 3rd weekend of Winterlude.

Our project of a new walk entitled the "Discover Far East Ontario/Western Québec Walk" is postponed to 2006. The results of our visit to St-Albert, Ontario, were negative: the village is too small to accommodate a 10 Km walk or even a 5 Km walk within the Curd Festival. New sites will be explored for year 2006.

Final Word / Season's Greetings

You are all invited to joint us at the Christmas Lights Walk, scheduled for Sunday, December 12th, 2004. What a wonderful opportunity to exchange season's greetings personally and to have a feast all together before parting for this intense period of family festivities.

On behalf of your Executive: Merry Christmas, Happy New Year to each and everyone of you and family.

Keep on walking!

Benoît Pinsonneault, Président, OVO

2004 OTTAWA VOYAGEURS BUS TRIP

I went on my first bus and walking trip with the OVO and my friend, Sabine, over Labor Day weekend. I had a wonderful time. First of all, Sabine and I being “fair- weather- walkers- when- we- are- not- busy” walkers, we had not really gotten to know any club members other than to say “Hi.” So this was a great opportunity to really get to know some of the others in the group. Traveling by bus, eating 2 meals a day for 3 days and walking as a group does encourage interaction. This was probably the best part.

About 5 years ago, I took my kids to visit a couple of aunts and cousins in Northern Michigan. At the time, our air conditioning had started to be less efficient in the car and I did not want to sit in construction traffic in Toronto with 3 kids so I decided to go by way of Highway 17 and Sioux Saint Marie. I found it to be a very nice route. This year's bus trip route would take us past the places we enjoyed on that trip and I always thought it would be nice to see some of those places. This was the perfect opportunity.

Indeed, it was very nice to see these places once again. The first walk was in Petawawa. I was very impressed with the Millennium Trail. I made me think how nice it would be to walk all of Canada on that Trail. After a nice lunch, it was back on the bus to North Bay and our hotel. Then off to Lake Nippising. That's a big lake! Our lovely hostesses and hosts took on a very pleasant walk through back country roads. It was sunny and warm but not too hot. After a great fish dinner, it was back to the hotel.

Sunday we were off for Sudbury. I had heard it was a rather unattractive mining town but someone lied. The walk along the water was very nice, we went through some great park areas, and managed to tour all through town, it seemed. The guides here were wonderful and very informative about the area. Then it was back on the bus, with a stop for lunch. Our next stop was New Liskard. This was a nice lakeside town.

Monday started with a walk around the hotel area of North Bay, which was along the shore of Lake Nippising. There were some very nice lakeside homes that we walked by. Some locals in the park were telling us that there is the proverbial conflict going on with some people wanting to develop the park into housing and others who want to keep it for the public. I hope the latter win.



On the Millennium Trail - Petawawa



On the trail in New Liskard

We got on the bus and headed home. In the late afternoon, we reached Renfrew for the final walk. I always wanted to go to Renfrew. There is a great suspension bridge that we got to cross. I had never been on one and found it quite exciting. We also got to walk on another segment of the Millennium Trail that was also well cared for. After a good dinner, we headed for our final destination – home! The bus entertainment, provided by Helen and Doug, helped the time to pass quickly.

What a great trip. Donna Sullivan did a fantastic job of making the arrangements. I am sure she had some snafus but they were well hidden and everything came across as a well organized trip. My thanks to her. Would I go again? Most definitely!

Submitted by: Susan Middlesworth

Another Perspective ** Bus Trip

As an enthusiastic walker who enjoys the great outdoors, joining the Ottawa Voyageur Club was the best thing I could have done for myself. Countless opportunities to travel and walk across North America with the fellowship of experienced and enthusiastic walkers from every walk of life.

I hope the attached pictures will do justice to the Ottawa Voyageur Club Motto: Fitness, Friendship, Fun & Food.

A Convinced Ottawa Voyageur Club Member
Danielle Yockell
Ottawa, Ontario



Our last stop

Notice

2005 Annual General Meeting

Ottawa Voyageurs d'Ottawa



AVIS

2005 Assemblée générale annuelle Ottawa Voyageurs d'Ottawa

Date: February 16, 2005
Location: Royal Canadian Legion
800 Taylor Creek Drive
ORLEANS ON
18:00 hrs: Pizza, Cash Bar
18:30 hrs: Presentation
19:00 hrs: AGM
Draws

Date: 16 février 2005
Location: Légion royale canadienne
800 prom. Taylor Creek Dr
ORLÉANS ON
18h00: Pizza, Bar payant
18h30: Présentation
19h00: AGA
Tirage

The following Executive Committee positions are open and must be filled:

- (1) President
- (2) Vice President
- (3) Treasurer
- (4) Secretary
- (5) Membership Coordinator
- (6) Publicity Coordinator
- (7) Trail Director

Les postes suivants du Comité exécutif sont à combler :

- (1) Président
- (2) Vice-président
- (3) Trésorier
- (4) Secrétaire
- (5) Coordinateur à l'adhésion
- (6) Coordinateur à la publicité
- (7) Directeur des sentiers

BIKE EVENT 2004

Last June a group of adventurous folk gathered at the former Nepean city hall to ride the Voyageurs' 2nd annual bike ride. This year the skies co-operated, there was no threat of rain.

There were 2 routes offered, which, for part of the route was the same, a ride through the neighbourhood of City View and the bike trail leading to Island Park Drive. Both groups followed Island Park to the Champlain Bridge.

For those riding the shorter distance the route turned east to follow the Ottawa River to Lemieux Island. The longer distance took riders over the Champlain Bridge to follow the river west to the Alymer Marina.

Both route came back over the same route.

One rider asked how the wind could be in their face in BOTH directions?

In June of 2005 there will be another ride offered, over a somewhat flatter route in the east end of the city. We will be meeting at the Orleans Legion and riding as a group to do each distance. We hope to arrange the timing so that both groups return at about the same time, and to take advantage of the breakfast / lunch offered on Sundays at the Legion.

You don't need to be a dedicated bike rider to do the event. Those doing the ~25k finished in a little over 2 hours, not much different than many folks take to walk 10k. The longer distance would take 3-3 1/2 hours.

Since the CVF/ IVV rules allow placing one bike event and distance in your regular book why not come out and take advantage of the longer distances.

Footpaths/Sentiers 2005

Will soon be available from the CVF office at a cost of **\$8.00** contact: Canadian Volkssport Federation
P.O. Box 2668 Station "D", OTTAWA ON K1P 5W7

Telephone: 613-234-7333 Fax: 613-233-1056

Email: cvffcv@bellnet.ca



FEET'S FEATS

The following Ottawa Voyageurs Club Members have accomplished the following awards as published in Oct-Dec/2004 publication of Volkssport Canada. Congratulations to all of you for these achievements.

Mileage

500 km	Lorna Giles	
3000 km	Shirley Atkins	
4500 km	Jane Eastabrooks	Lynda O'Dwyer
5500 km	Benoit Pinsonneault	Dorothy Prieur
6500 km	Donna Sullivan	
12000 km	Steve McPhee	
15000 km	Trevor Luten	
18000 km	Maureen White	
50000 km	Ole Olson	

Events

50 Events	Lorna Giles	
200 Events	Shirley Atkins	
225 Events	Shirley Atkins	
250 Events	Robert Giles	
275 Events	Lynda O'Dwyer	
300 Events	Lynda O'Dwyer	
400 Events	Benoit Pinsonneault	Dorothy Prieur
	Donna Sullivan	
425 Events	Jane Eastabrooks	Donna Sullivan
450 Events	Donna Sullivan	
500 Events	Steve McPhee	
800 Events	Trevor Luten	Joyce Taylor
1150 Events	Helen Viel	
1200 Events	Helen Viel	Maureen White
1250 Events	Ole Olson	Maureen White
1300 Events	Ole Olson	



Day	Date	2005 Events	Type
Saturday	February 19	Winterlude	MW
Saturday	May 21	Canadian Tulip Festival	Walk
Sunday	May 22	Canadian Tulip Festival	MW
Saturday	May 28	Cumberland Heritage Walk	MW
Saturday	June 18	Honouring French Heritage Walk	MW
Sunday	June 26	Bike Event	BIKE
Friday	July 01	Canada Day Walk	EMW
Wednesday	July 06	Lunergan's Pub Walk	EMW
Wednesday	July 20	Stout Brothers Pub Rideau River Walk	EMW
Wednesday	August 03	Montana's Cookhouse Salon Walk	EMW
Wednesday	August 17	Petrie Island Walk	EMW
Saturday	September 10	OVO - Marathon / Summerfest Volksmarch	W
Saturday	September 17	OVO Annual Volksmarch- Divine Infant Church	W
Sunday	September 25	Cumberland Resource Centre Charity Walk	MW
Sunday	October 02	Fall Rhapsody - Gatineau Park	MW
Sunday	October 16	Colourful Vanier -Rockcliffe Walk	MW
Saturday	November 05	Volunteer Appreciation Day Walk (Hosted by OVO)	MW
Sunday	December 18	Christmas Lights Walk	MW

Let's once again support the Ottawa Rural Health Program by joining:

Cumberland's 6th Annual Winter Walking Program
WINTERWALK 2005 – Walking the British Isles

Free Registration forms are available at the OCVA Fall/Winter Walking Program. The distance to covert is 9618 miles or 15478,2 Km. Registered participants will gather sometime in May 2005 in a local British Pub to celebrate our distances and just maybe the "eastern walkers" will out walk the "western walkers" this year. Time & Place TBA later. Your contact is Benoît Pinsonneault: Tel: 613)-746-9071 E-mail: benoitpinson@rogers.com

N.B.: Participation in this program is free. The only thing you have to do is to register and report on a monthly basis all your walking during the said period as indicated in the registration form..

BUS TRIP 2005

Planning is now beginning for the 'Grand Voyage' for Labour Day weekend next year. We are considering a trip to Vermont (great scenery and some great walks), or upper New York State (lighthouses and a different look at the War of 1812), or perhaps a trip toward Toronto to work on the Ontario Director's pin.

On each of our last 2 trips we've had great company, great walks, and of course great food. (Do walkers eat to walk, or walk to eat?)

Come out to the AGM in February to find out more, and don't forget to allow space in your plans to join us. Talk to someone who's made the trip and find out what you've been missing. Remember seating on the bus will be limited.

Ottawa Voyageurs d'Ottawa YREs

Beacon Hill	Hill Butcher Shop	2339 Ogilvie Dr.
Blackburn Hamlet	Mac's Convenience Store	2672 Innes Road
Orléans	Convent Glen Shopping Centre	Ultramar Service Station
Orléans	Quickie Store	1600 Forest Valley Dr.
Orléans	Ray Friel Centre	1585 10 th Line
Orléans	Recreation Complex	1490 Youville Dr.
Ottawa	Food Mart Express	380 Laurier West Ave. (At Kent St.)
Ottawa	New Edinburgh Shell Station	1 Montreal Rd.
Ottawa	RA Centre	2451 Riverside Dr.
Ottawa	Tribute to the CF-Champagne Pool	321 King Edward Ave (At York St.)



2005 Memberships

Recently Jim McConkey, Membership distributed renewal information and a registration form.. Please take a moment to renew your membership in time to vote at the 2005 Annual General Meeting. Contact info:

Jim McConkey
Membership
Phone: 745-6549
email: jmconkey@storm.ca

ANNOUNCING

THE OTTAWA VOYAGEURS WALKING CLUB WEBSITE

Check it out: www.ottawavoyageurs.ca

CVF CONFERENCE AND ANNUAL GENERAL MEETING



Friday, May 27

- 10:00 - 6:00 Registration to the Convention
8:30 - 4:00 Year round and Seasonal Walks
8:30 Meeting of Directors
10:30 Registration ; Meeting again Walk (Reunion Walk)
11:00 Departure ; Meeting again Walk
6:30 Opening Night ; Friendship Cocktail ; Desacralized Chapel - Musée de l'Amérique française ; Visiting Stands

Saturday, May 28

- 6:30 - 8:00 Breakfast (On Your Own)
7:00 - 10:00 Registration to the Convention
7:00 - 8:00 Registration ; President's Walk
8:00 Departure ; President's Walk / Downtown Québec (5 and 10 km)
10:30 - 12:00 Annual General Meeting FCV/CVF
12:00 - 1:30 Lunch (On Your Own)
1:30 - 2:00 Registration ; Map walk - Québec-Lévis
1:30 Annual General Meeting FCV/CVF
6:30 Large Banquet at the Musée de la civilisation (Québec) / Music, Animation, Visiting Stands

Sunday, May 29

- 6:30 - 8:00 Breakfast (On Your Own)
7:00 - 8:00 Registration ; Convention's Walk
8:00 Departure ; Convention's Walk / Uptown Québec (5 and 10 km)
10:30 Annual General Meeting / Closing Ceremony
12:00 - 1:30 Lunch (On Your Own)
1:30 - 2:00 Registration ; Map walk Québec-Lévis
12:00 - 3:00 Year round and Seasonal Walks

LODGINGS

Hotel Clarendon

57, Sainte-Anne St., Québec, QC, G1R 3X4
Téléphone 1-888-554-6001
<http://www.quebecweb.com/clarendon>
Where the CVF Convention Quebec 2005 activities will take place. Rates: \$109, single/ double occupancy. Add \$20 per additional person. (Parking \$12)
Reserve re: Canadian Volkssport Federation Convention.

Hôtel Château Laurier

1220, Place George-V West, Québec.
Téléphone : 1-800-463-4453
www.hotelchateaulaurier.com

Only 15 minutes walk from the Hotel Clarendon. Rates: \$129 single/double occupancy. Add \$20 per additional person.
Canadian Volkssport Federation Convention, file 108072.

Recreational Vehicles See the Website:
<http://www.campingquebec.com>

Hôtel Château Bellevue

16, rue de la Porte, Vieux-Québec.
Téléphone : 1-800-463-2617
www.vieuxquebec.com
Only 10 minutes walk from the Hotel Clarendon. Rates: \$119 single/double occupancy. Add \$20 per additional person.
Reserve Canadian Volkssport Federation Convention file 38599.

Hôtellerie Fleur de Lys

115, Sainte-Anne St, Vieux-Québec
Téléphone : 1-800-567-2106
www.hotelfleurlys.com
Rates: \$105 to \$145 single/double occupancy. Add \$15 per additional person. Reserve Canadian Volkssport Federation Convention.

Reservations before **April 26** to make sure you have your room. For more informations on other lodging facilities, contact Hebergement Quebec: <http://www.bonjourquebec.com>

POST CONVENTION'S ACTIVITIES

DISCOVER CHARLEVOIX

To end the convention on a high note, why not take in a trip to the beautiful Charlevoix region? A four night, five day trip on a luxury bus, with accomodation in comfortable hotels. Five guided volkswalks in National and Provincial Parks on both flat and mountainous terrain. Cap-Tourmente, Baie-St-Paul, Parc des Grands-Jardins and Tadoussac are on the itinerary.

CRUISE TO GROSSE-ILE

A one-day cruise to the Grosse Île and the Irish Memorial National Historic Site that served as a quarantine station for thousand Irish immigrants from 1832 until 1937. The departure from the port of Québec in the morning will include a very pleasant trip on the Saint Lawrence River with its' magnificent scenery. Once on the island, there will be a visit of historic buildings, bird-watching and a guided walk. www.parcscanada.gc.ca/grosseile

These trips have been organised in collaboration with the travel agency Gestion en tourisme du Québec. Two members of the Volkspots club Nord-sud will accompany the participants. For more information, consult the brochure or contact Michelle Boivin, from the Nord-sud club at

mieuxd@globetrotter.net or Pierre Côté, 1-418-845-8202. For more information please contact

Congres FCV/CVF Québec 2005, 21, rue St-Amand, Loretteville, Qc G2A 2K8

Tél. : (418) 845-2746 Télécopie : (418) 845-0010 Courriel : volknord@globetrotter.net www.geocities.com/volkssport

REGISTRATION FORM

(Fill in one form per person, please print)

First Name: _____

City : _____

Postal code : _____

E-Mail: _____

Telephone (work): (____) _____

Club name: _____

DELEGATE

Are you a voting delegate? _____ Yes _____ No

If a club delegate, do you wish a table for display? (Note : Club tables are free) _____ Yes _____ No

CONVENTION REGISTRATION (\$ Can)

Convention registration fee	\$12,00	_____
Inscription after April 27, 2005	\$17,00	_____
Greeting Cocktail (Friday)	\$16,00	_____
Banquet (Saturday): Chicken-Pork, Salmon	\$35,00	_____

VOLKSMARCHES

Friday (Meeting again Walk)

Credit	\$2,00	_____
Other participating	\$1,00	_____

Sunday (Convention Walk)

Pin and credit	\$6,00	_____
Only credit	\$2,00	_____
Other participating	\$1,00	_____

Saturday (President's Walk)

Pin and credit	\$6,00	_____
Only credit	\$2,00	_____
Other participating	\$1,00	_____

CONVENTION SOUVENIRS

a) Convention 2005 T-shirt (P, M, L, XL, XXL)	\$15,00	_____
b) Convention 2005 Sweatshirt (P, M, L, XL, XXL)	\$22,00	_____
c) Convention 2005 Pin	\$ 6,00	_____

TOTAL COST \$ _____



CONGRÈS FCV/CVF QUÉBEC 2005

FORMULAIRE D'INSCRIPTION

(Remplir un seul formulaire par personne. Écrire en lettres majuscules)

→ IDENTIFICATION

Nom _____ Prénom _____
Adresse _____
Ville _____ Province _____ Code postal _____
Téléphone () _____ Téléphone au travail () _____
Télécopie _____ Courriel _____
Nom du club _____

▶ DÉLÉGUÉ

Êtes-vous le délégué avec droit de vote ? OUI NON

Si délégué, désirez-vous une table d'exposition ? OUI NON

(Pour les clubs Volkssport, les tables sont gratuites.)

→ INSCRIPTION AU CONGRÈS (\$ Can)

Inscription au congrès (obligatoire) 12.00 \$ _____
Inscription après le 27 avril 17.00 \$ _____
Cocktail de bienvenue (vendredi) 16.00 \$ _____
Banquet (samedi) : **Viande** **Poisson** 35.00 \$ _____

→ VOLKSMARCHES

Vendredi (Marche des retrouvailles)
° Crédit 2.00 \$ _____
° Autre participant 1.00 \$ _____
Samedi (Marche du Président)
° Épinglette et crédit 6.00 \$ _____
° Crédit seulement 2.00 \$ _____
° Autre participant 1.00 \$ _____
Dimanche
° Épinglette et crédit 6.00 \$ _____
° Crédit seulement 2.00 \$ _____
° Autre participant 1.00 \$ _____

→ SOUVENIRS DU CONGRÈS

a) T-shirt du congrès 2005 (P, M, L, XL, XXL) 15.00 \$ _____
b) Coton ouaté du congrès 2005 (P, M, L, XL, XXL) 22.00 \$ _____
c) Épinglette du congrès 2005 6.00 \$ _____

→ TOTAL DES COÛTS

Libeller votre chèque au nom de:

Congrès FCV Québec 2005

Aucun remboursement après le 27 avril 2005

Envoyer à:

Congrès FCV Québec 2005

21, rue Saint-Amand

Loretteville, Québec G2A 2K8