



VOYAGEUR

The Newsletter of the Ottawa Voyageurs Walking Club
Bulletin du Club de marche des Voyageurs d'Ottawa

Volume X Issue 1

Summer/Été

2011

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Articles published in this newsletter do not necessarily reflect the views of the Ottawa Voyageurs d'Ottawa

A WORD FROM THE PRESIDENT...

Here it is the end of June and we are over half way through the year. Thank you to all members who attended the OVO Annual General Meeting. I think everyone who attended agrees with the "new" format: holding a walk, lunch then the AGM on a Saturday is a good thing. It was great to get together with folks. I would like to thank our 2011 Executive for stepping up and volunteering: Karen Venema, Vice-President; Benoît Pinsonneault, Secretary; Steve McPhee, Treasurer; David Rupar, Trails Co-ordinator; Jane Fawcett, Membership Co-ordinator; Carolle Seguin, Publicity; and Paul Fournier, Marketing.

Your Executive meets once a month to discuss the club operations and to keep things running smoothly. Please feel free to contact me or any other Executive member with your ideas. We may not get to all of them this year, but we will certainly listen and plan accordingly.

April was a cool month this year and I thank Darlene Blight for taking the lead on our annual the "Sweeping the Capital Clean" clean-up of our adopted road way Jeanne d'Arc Blvd and her hearty supporters. This is the first time I missed any of the clean-ups.

As you receive this the summer walking season will be in high gear, with walks most weekends, Tuesday and Thursday mornings and our GREAT Wednesday night "Pub" walks until late August. Please, we'd like to see you at our events. We believe we have a great schedule, so come out and support walking in the National Capital Region and bring a friend.

I would like to thank our 2011 Voyageurs Bus Trip Coordinators: Benoît Pinsonneault, Pat Deroche, Heather Briggs and Bob Brule. Look for a synopsis and photos from the trip later in this issue of "The Voyageur."

I would like to thank Carolle for the great job she is doing with publicity. I hear that new walkers are coming out to events because of the promotion that Carolle has been doing. Walking is an activity we all enjoy. The Voyageurs are a means to that end. We all need to pass on that enjoyment and market our club and its activities. Who do we know in our neighbourhood who might like to walk; who at work or in our social circle can we approach and tell them about volksmarching? Have you spoken to others about walking? Left a copy of our walking schedule somewhere new? Have you offered to go on a walk with someone new to Volkssporting? How many times have you heard *Gee, I never knew you folks existed?* Each of us has the opportunity to help our club grow and expand so that we can continue to offer walking events in the Ottawa Region. We are stronger because there are such a variety of events.

The club is drafting the walking schedule for 2012. Are there walks you really like and want to see repeated? Is there somewhere you would like to see us



put a walk or some wonderful gem of a trail you'd like to share? Please contact our Trails Coordinator or any of our Executive.

Donna Sullivan is our representative on the Planning Committee for the 2012 Canadian Volkssport Federation Congress and Annual General Meeting. This AGM will mark the 25th anniversary of the founding of the CVF. Please take a moment to volunteer to assist on this committee. This is a big undertaking and your help, whether it is for a few hours or more it will make all the difference. Please call Donna (613) 224-6880 or email her at lotsakms2@gmail.com.

Kathy Luten
OVO President



Highlights from the 2011 CVF AGM and Mini Convention May 27 to 29, 2011 in Whistler, BC

By Judy Doyharçabal of Langley, BC
(Reprinted from Volkssport Canada Vol 26 no3)



This successful convention was hosted by the Vancouver Venturers Volkssport Club with Verni Brown heading up the Planning Committee and overseeing the volunteers used during the actual convention.

It might have been "mini" in extra features offered and number of participants, but it sure was high in energy and enthusiasm as expressed by the 91 people who attended. We had two people from England, nine from the United States and the rest from Canada covering areas from Cape Breton Island in Nova Scotia in the East to Vancouver Island in Beautiful British Columbia on the West Coast.

The format for the Convention was the same as in past years. Our Meet and Greet took the form of a Dessert Buffet offered in one of the restaurants in our host hotel and our Banquet was a Burger BBQ held at one of the three Golf Clubs in the area.

In Whistler, in addition to the President's and Convention Group Walks, there were two Multi-Day Walks offered (with four routes) along with the YRE (three different routes). All of the walks started from and ended at the Delta Whistler Village Suites which was our host hotel. The walks took us to different parts of the Resort Municipality of Whistler and out into the surrounding area with its various lakes, golf courses and wonderful mountain views – especially when the weather improved. The 5K Whistler Village Walk was particularly popular as it oriented us to the town. Along the way, we saw various points of interest including lots of shops and eateries which many of us revisited at our own pace later on.

We really lucked out on the weather which changed from cool and cloudy with spits of rain at the beginning to sunny and warm by the end. With clearing skies, some took the opportunity of going up the mountains to take the Whistler Blackcomb Peak 2 Peak Gondola ride which is famous for its height above the ground below (436m/1427 feet at the highest) and total distance of 4.4K/2.73 miles (with an unsupported span of 3.024K/1.88 miles).

Whistler is bear country and we were warned not to walk alone but to be with others and to keep making noises as we walked along. I think practically everyone saw at least one bear during our stay – or at least the scat of one. The closest bear I saw was in a nearby tree just as I was heading out of town on my way home.

As a first-time participant at a Volkssport convention, and not as heavily involved in the walking program as the majority of the participants were, I had a great time and enjoyed meeting folk from points near and far from home. I surprised myself by walking four days in a row – one 5K and three 10K – without totally sore feet and tired legs and even with some energy left over.

If nothing else, this convention will be remembered as the "Purple Convention." Why purple/mauve you ask? Because it is the colour of the Vancouver Venturers Volkssport Club and it was decided to have that as a theme for the weekend. Throughout our time together, that colour scheme was very evident with Verni in a variety of purple/mauve attire and the volunteers sporting mauve scarves. Then there was purple paper for the Multi-Day Walks and sign-in sheets, purple pens, purple stamp pads, purple tablecloths and mauve serviettes. The culmination was the purple-clad participants at the Burger BBQ and the finale of purple prizes for all in attendance. As there were doubles of the prizes, we were encouraged to find our "purple soul mate."

At the Closing Ceremony on Sunday at noon, we were given a snapshot of what to expect at the 2012 Convention being held in Ottawa, Ontario, on Canada's long weekend of May 18 to 21. This Convention will celebrate 25 years of Volkssporting here in Canada. Do consider attending in order to meet new people, rekindle friendships, walk 'til you drop if you so desire and support the organizers who put in countless volunteer hours in order to provide walks and activities appropriate for all. It promises to be a great event.



**The Canadian Volkssport Federation
La Fédération canadienne Volkssport**



Communiqué 2011 No: 17

Volksbike Events : Registration – Activités Volksvélo : Enregistrement

<p>1. On May 28, 2011, at the CVF AGM in Whistler, BC, following a motion, the members approved that a bicycle event/distance stamp may be put in a regular walking Event/Distance Book, once every half year, unless you already have a Bicycle Distance Book, in which case the registration must be put in the said book.</p>	<p>1. Le 28 mai 2011, lors de l'AGA FCV à Whistler, C.-B., suite à une motion, les membres ont approuvé qu'une étampe de participation/distance puisse être placée dans le carnet de marche régulier de participation/kilométrage une fois par demi-année, sauf si vous possédez déjà un carnet de kilométrage de bicyclette, dans lequel cas l'enregistrement doit être fait dans ledit carnet.</p>
<p>2. This new regulation is in force since its adoption and is then applicable to the present year i.e. 2011.</p>	<p>2. Ce nouveau règlement est entré en vigueur lors de son adoption et l'est donc pour l'année en cours, soit 2011.</p>
<p>3. Consequential modifications to section 2.3 of the CVF Rules and Regulations, Part 2, will follow shortly.</p>	<p>3. Des amendements consécutifs à l'article 2.3 des Règles et Règlements FCV, Partie 2, suivront sous peu.</p>
<p>4. If additional information is required, please do not hesitate to communicate with the undersigned.</p>	<p>4. Si des renseignements additionnels sont requis, n'hésitez pas à communiquer avec le soussigné.</p>

Benoît Pinsonneault - President/Président Canadian Volkssport Federation / Fédération canadienne Volkssport
Walking for Fun, Fitness and Friendship / La marche pour le plaisir, la bonne forme physique et l'amitié
(17 June/juin 2011)



A COUPLE MORE CVF Whistler PHOTOS



OVO Birthdays ~ July to December 2011

Best wishes to the following members who will be celebrating birthdays during the next six months. We apologize if we missed yours. If you would like to see it in future newsletters, please be sure to give us your d.o.b (no year required, date only) when completing your Membership Application for the up-coming year.



July

- 4 Jim McConkey
Paul Fournier
- 7 Fanny Landry
Steve McPhee
- 12 Irvin Daigle
- 13 Carolle Séguin
- 15 Gérald Archambault
- 17 Linda Douglas
- 21 Shirani Wijesekera
- 24 Carole Daigle
- 29 Pierrette (Perry) Crowder

August

- 4 Darlene Blight
Kirsten Andreassen
- 5 Peter Stone
- 14 Rhys Melanson
- 6 Suzanne Lavigne
Benoît Pinsonneault
- 19 Jean Osborne
- 21 Ole Olson

September

- 7 Louise Atkin
- 8 Linda Christianson
- 16 Bernice Murphy
- 25 Jeannine McCann

October

- 1 Romeo Messier
Jean Cassidy
- 5 Carole Jobst
- 6 Diane Pinsonneault
Bob Brulé
- 8 Louis Myre
Phillip Douglas
- 11 Phyllis Margerum
- 12 Jane Estabrooks
- 16 Deborah Doré
- 19 Rachel Sarazin
- 26 Kathryn Johnson
- 29 Don Cooper
- 30 Christine Flemming

November

- 9 Margaret Dempsey
- 10 Angie Kelly
- 11 Wallace (Wally) Herman
Kathleen Paterson
- 12 Hà Archambault
- 12 Pat Deroche
- 17 Francis Meloche
- 21 Brenda Campsall
- 22 Rhyanna Melanson
- 28 Joan Cooper
- 29 Robert Giles

December

- 5 Doleres McPhee
- 8 Sinead Tsang
- 11 Jennie Sabourin
- 14 Donna Sullivan
Robert Sabourin
- 20 Cynthia Genest



FEET'S FEATS

Congratulations to all OVO walkers who have achieved the following awards.

EVENT ACHIEVEMENT AWARDS:

- 325** Pat Deroche
- 350** Pat Deroche
- 900** Donna J. Sullivan
- 950** Mary Jean Gibson
- 1700** Darlene Blight
- 1800** Darlene Blight
- 2200** Kirsten Andreassen
- 2900** David Rupar

DISTANCE ACHIEVEMENT AWARDS:

- 1000kms** Lorna Giles
- 1200kms** Donna Sullivan
- 1500kms** Maud Soo
- 1600kms** Mary Jean Gibson
- 2000kms** Maud Soo
- 2500kms** Maud Soo
- 5500kms** Pat Deroche
- 17000kms** Betty Gallimore



PETIT RÉSUMÉ SUR NOTRE VOYAGE OVO ANNUEL EN AUTOBUS DE 2011

par Benoît Pinsonneault

Ce voyage en autobus 2011 au Québec était notre huitième et fut certainement un franc succès du début à la fin.

Jour 1 commença avec la marche du Mont-Royal à Montréal en compagnie de plusieurs marcheurs du club La Foulée de St-Eustache, magnifique randonnée sous la pluie. Notre seconde marche se déroula à Lévis en compagnie d'une vingtaine de marcheurs du club Nord-Sud de Québec sous un ciel ennuagé. La journée se termina par un souper de groupe composé d'une cinquantaine de personnes, fort animé et dans une atmosphère des plus conviviale.

Jour 2, notre première marche de la journée fut celle de la Haute Ville de Québec à travers les Plaines d'Abraham et le Vieux Québec; que d'histoire et de dépaysement en si peu de temps et si près de chez soi! En après midi, l'on se déplaça jusqu'à Montmagny pour une quatrième marche le long du fleuve St-Laurent, toujours accompagné d'un certain nombre de marcheurs du club Nord-Sud de Québec. Les nuages du matin laissèrent la place au soleil pour agrémenter notre visite de cette petite ville fort pittoresque sur le St-Laurent. Pour terminer notre journée, un souper facultatif à Québec en s'y rendant par le traversier Lévis/Québec était à l'horaire; quelle vue splendide de Québec et Lévis au beau milieu du fleuve lors de notre retour après la tombée du jour!

Jour 3 débuta par une marche à St-Romuald avec un soleil éclatant pour toute cette dernière journée, encore une fois, l'on longea le fleuve jusqu'au vieux pont de Québec, toujours en compagnie d'un certain nombre de marcheurs du club Nord-Sud de Québec qui furent des hôtes et guides des plus agréables et intéressants avec le fleuve et la voie maritime comme fond de décor. Notre dernière marche fut celle du Canal Lachine à Montréal, guidée par deux membres du club La Foulée de St-Eustache, avec une vue magnifique du canal Lachine, le fleuve St-Laurent et le lac St-Louis. Nous fûmes de retour à Ottawa pour 19h15, avec seulement 15 minutes de retard sur tout notre horaire de cette longue fin de semaine.

Pareil voyage est la seule occasion où les membres de

SMALL SYNOPSIS ON OUR 2011 OVO ANNUAL BUS TRIP

by Benoît Pinsonneault

This 2011 Bus trip in Québec was our eighth and, without a doubt, a huge success from beginning to end.

Day 1 began with the walk on Mont-Royal in Montreal accompanied by several walkers of the Club La Foulée of St-Eustache, a spectacular walk under the rain. Our second walk took place in Lévis with twenty some walkers of the Club Nord-Sud of Québec under a cloudy sky. The day ended with a group supper made up of about fifty people, extremely lively and in a most convivial atmosphere.

Day 2, our first walk of the day was that of the Quebec Upper Town, through the Plains of Abraham and the Old Quebec, so much history and change of scenery in so little time and so close to home. In the afternoon, we travelled to Montmagny for our fourth walk along the St. Lawrence River, always accompanied by a certain number of walkers from the Club Nord-Sud of Québec. The morning clouds gave way to the sun, which brightened up our visit to this extremely picturesque small city, along the St. Lawrence. To conclude our day, an optional supper in Québec by using the ferry between Lévis and Québec was part of the schedule; what a marvelous view of Québec and Lévis from the middle of the river upon our return after dusk.

Day 3 began with a walk in St-Romuald with a bright sun for our entire last day; once again, we followed the river up to the old Québec Bridge, always in company of a certain number of walkers from the Club Nord-Sud of Québec who were most pleasant and interesting hosts and guides with the river and the seaway always in the background. Our last walk was at the Lachine Canal in Montreal, guided by two members of the Club La Foulée of St-Eustache, with a magnificent view of the Lachine Canal, the St. Lawrence River and Lake St-Louis. We were back in Ottawa by 19:15 hrs, being only 15 minutes late on our entire schedule for this long weekend.

Such a trip is the only occasion where our

notre club ont réellement l'opportunité de se côtoyer pendant trois jours, de se découvrir, d'échanger, de se divertir et d'affermir une amitié, parfois superficielle, en une plus approfondie et durable, bénéfique à tous et à toutes pour, possiblement, des années à venir.

Merci beaucoup aux trois autres organisateurs de ce voyage (Bob Brûlé, Heather Briggs and Pat Deroche) qui se sont joints à moi pour vous offrir cette fin de semaine qui, nous l'espérons, restera gravée à tout jamais dans votre mémoire.

C'est une expérience qui vaut réellement la peine d'être vécue et j'invite nos membres à participer à nos futurs voyages, en autant que peut se faire.

Le prochain voyage OVO en autobus, est tentativement planifié pour le début de juin 2012, avec des marches dans l'est de l'Ontario jusqu'à Toronto et une incursion possible au nord de l'état de New York pour une couple de marches.

Soyez donc du voyage en autobus 2012!

Des souvenirs à se remémorer pour des années à venir vous y attendent !

membership can really have an opportunity to mingle for three days, to learn about each other, to exchange, to enjoy themselves and to consolidate their friendship, sometimes superficial, into one more profound and durable, beneficial to all involved, possibly for years to come.

Many thanks to the three other organizers of this trip (Bob Brûlé, Heather Briggs and Pat Deroche) who joined me to offer you this weekend, which we hope will remain engraved forever in your memory.

It is a worthwhile experience and I invite our members to join us on such future bus trips, your schedule permitting.

The next OVO bus trip is tentatively planned for the beginning of June 2012, with walks in Eastern Ontario up to Toronto and a possible incursion into upstate New York for a couple of walks.

Be on our 2012 Bus Trip!

Memories to recollect for years to come await you!

OVO Bus Trip 2011 Photos



OVO Bus Trip 2011 Photos cont'd



OVO Bus Trip 2011 Photos cont'd



OVO Social Events To Year-End

October 1

Fall Rhapsody Gatineau Park Picnic following the walk. More detailed information will follow closer to the event and will be posted here as soon as it is available. Make sure you call the HOTLINE (613) 784-8086 the week before this event to confirm details.



October (Date TBA) Cleaning the Capital

Fall Clean-up. Starting from the UltraMar Gas Station at the corner of Orléans Blvd and Jeanne D'Arc Blvd (North - home of the UltraMar YRE). Meet at 10:00 am. All participants will receive a free UltraMar YRE event stamp. Group lunch is planned. Check our website in September to confirm the exact date. An email will be sent to remind members to volunteer.

November 5 Volunteer Appreciation Walk CVF10690

Details will be announced closer to the date.

November 20 8th Annual Ottawa Voyageurs Christmas Party.

The location will be determined at a later date - an email will be circulated in late October and notices will be at club walks. How about suggesting this year's restaurant. Contact any member of the Executive prior to October 1st.

OTTAWA VOYAGEUR YEAR ROUND EVENTS (YREs)

1. **Bob McQuarrie Recreation Complex CVF-18** - 1490 Youville Drive, Orléans. Open from 0800-1900 Sunday to Saturday with registration closing at 5 pm. Walk Box located at the registration desk in lower lobby. Free parking and washrooms are available. For more info on this walk call Darlene Blight (613) 830-4782
2. **Quickie Store CVF-152** - 1600 Forest Valley Drive, Orléans, Open Monday to Friday 07:00- 23:00 and Saturday/Sunday from 08:00 - 23:00. Trail closes at 17:00 hrs. Walk Box located at the end of the counter closest to the door to the gas bar, ask staff for the walk box. Free parking is available at the store. Washrooms are not available. For more info on this walk call Kathleen Kurtz (613) 830-2200
3. **Ultramar Service Station CVF-213** Corner of Orléans Blvd. and Jeanne d'Arc Blvd. (north intersection). Ultramar is open every day. Registration is from 08:00 - 19:00 hrs. Trail closes at 21:00 pm. Walk box on floor behind counter to the left of the coffee bar. Ask Staff for the walk box. Free parking is available at the shopping centre. Washrooms at start point. For more info on this walk call Trevor Luten (613) 830-7437.
4. **New Edinburgh CVF-214** - Shell Service Station, 1 Montreal Road, Vanier, ON. Station is open every day. Registration is open from 08:00 - 18:00. Trail closes at 21:00. Walk box in the lower left cupboard of the coffee bar. Let Staff know you are getting the walk box. Park as directed by station attendants or on street or at the shopping mall across the street. Washrooms at start point. For more info on this walk call Karen Venema (613) 731-5417
5. **Ray Friel Centre CVF-50** - 1585 Tenth Line Road. Open daily from 8:00 am - 9:00 pm with registration closing at 5:00 pm. Walk box is located in the wooden box mounted on the wall to your immediate right as you enter the washroom foyer. Free parking and washrooms available. For more info on this walk call Ole Olson (613) 824-1583

6. **Beacon Hill Shopping Centre CVF-195** - The Hill Butcher, 2339 Ogilvie Road. Open weekdays from 9:30 am - 5:00 pm. Weekends 10:00 - 5:00 pm Closed statutory holidays. Walk box is on floor to your immediate left in the corner behind the counter. Let Staff know you are getting the walk box. Free parking and washrooms available. For more info on this walk call Betty Gallimore (613) 747-4809
7. **Blackburn Hamlet CVF-233**- Mac's Store, 2762 Innes Road. Open daily 24 hours. Walk box is in the lower cupboard on your right below the coffee bar. Let Staff know you are getting the Walk Box. Free parking available at the mall. For more info on this walk call Perry Crowder (613) 837-9914
8. **Ottawa Downtown CVF-268** - Food Mart Express, 380 Laurier Avenue Open daily 24 hours. Walk box located on your right as you enter the store in the left most lower cupboard below the coffee bar. Let staff know you are getting the Walk Box. Parking on street. For more info on this walk call Donna Sullivan (613) 224-6850
9. **RA Centre CVF-273** - 2451 Riverside Drive. Open daily from 8:00 am - 10:00 pm. Ask for the Walk Box at the East Entrance Reception counter. Free parking and washrooms available. For more info on this walk call Dori Prieur (613) 224-6880
10. **RA Centre BIKE CVF-153** - Riverside Drive. Open daily from 8:00 am - 10:00 pm. Ask for the Walk Box at the East Entrance Reception counter. There is a separate registration binder for the BIKE event. Free parking and washrooms available. For more info on this bike event call Donna Sullivan (613) 224-6880
11. **Tribute to the Canadian Forces CVF-277** - Champagne Bath. 321 King Edward Ave. Open 06:15 - 22:00 except Thursday, Saturday and Sunday from 09:00. Ask for Walk Box at reception desk. Parking on street and washrooms available. For more info on this walk call Benoit Pinsonneault (613) 746-9071
12. **Ottawa Lighthouse Walk CVF-281** - Shoppers Drug Mart, Open daily from 8:00 am to midnight. Walk Box behind the sales counter. Please ask cashier for the Walk Box. Free parking and washrooms available at the Tim Horton's in plaza. For more info on this walk call Benoit Pinsonneault (613) 746-9071

OTTAWA VOYAGEURS EVENTS July 1 – December 13, 2009

Week Day	Date	Event	Time	Type
Wednesday	7/20/2011	RIDEAU RIVER WALK - CVF10684 RA Centre, Sundeck patio area next to the East Wing entrance at 2451 Riverside Drive, Ottawa ON	18-1900	EMW
Wednesday	8/3/2011	PETRIE ISLAND TOUR - CVF10685 Royal Canadian Legion 800 Taylor Creek Dr, Orléans ON	18-1900	EMW
Wednesday	8/17/2011	WING NIGHT AT THE PUB - CVF10686 Lunnergan's Eatery and Pub 1661 Montreal Rd (East of Blair)	18-1900	EMW
Wednesday	9/10/2011	27th OTTAWA VOYAGEURS ANNUAL VOLKSMARCH - CVF10687 Royal Canadian Legion 800 Taylor Creek Dr, Orléans ON	18-1900	VM
Sunday	9/18/2011	MOVE YOUR FEET SO KIDS CAN EAT 13TH ANNUAL ORLÉANS-CUMBERLAND RESOURCE CENTRE CHARITY WALKATHON - CVF10688 Shenkman Arts Centre, 245 Centrum Boulevard, ON	10-1100	W
Saturday	10/1/2011	NCC FALL RHAPSODY FESTIVAL - CVF10689 TBA - Call the HOTLINE (613) 784-8086 the week before this event to find out the location or check the OVO website at www.ottawavoyageurs.ca for details.	9-1100	W
Sat-Sun	10/23/2011	OTTAWA INTERNATIONAL WALKING FESTIVAL Ron Kolbus Ctre Britannia Park More details at: http://oiwf.wikidot.com	See website	W
Saturday	11/5/2011	VOLUNTEER APPRECIATION DAY To be determined (Hosted by OVO)	900	GW
Sunday	12/10/2011	CHRISTMAS LIGHTS WALK - CVF10691 Willy and Jaun's 2402 St. Joseph Blvd, Orléans, ON	10-1200	EMW

Full details on all walks is available at www.ottawavoyageurs.ca



**OTTAWA VOYAGEURS WALKING CLUB
CLUB DE MARCHE DES VOYAGEURS D'OTTAWA**

**MEMBERSHIP APPLICATION
DEMANDE D'ADHÉSION**

MEMBER INFORMATION / RENSEIGNEMENTS SUR LE MEMBRE

Date:	<input type="checkbox"/> Renewal / Renouvellement	<input type="checkbox"/> New Member / Nouveau membre
Name: Nom :		
Phone (H): Téléphone (M) :	Phone (W): Téléphone (B) :	Fax: Télécopieur :
Address: Adresse :		
City: Ville :	Province:	Postal Code: Code Postal :
E-mail: Courriel :		Date of birth: Date de naissance :
Would you be willing to help with club activities? Accepteriez-vous d'aider le club dans ses activités ?		<input type="checkbox"/> Yes / Oui <input type="checkbox"/> No / Non

**COMPLETE THE FOLLOWING IF THIS IS A FAMILY MEMBERSHIP:
À COMPÉTER DANS LE CAS D'UNE ADHÉSION FAMILIALE :**

Spouse Name: Nom du conjoint:		
Phone (H): Téléphone (M) :	Phone (W): Téléphone (B) :	Fax: Télécopieur :
E-mail: Courriel :		Date of birth: Date de naissance :
Would you be willing to help with club activities? Accepteriez-vous d'aider le club dans ses activités ?		<input type="checkbox"/> Yes / Oui <input type="checkbox"/> No / Non

CHILDREN STILL LIVING AT HOME / ENFANTS VIVANT TOUJOURS À LA MAISON :

Name: Nom :	DOB: DDN :	Name: Nom :	DOB: DDN :
Name: Nom :	DOB: DDN :	Name: Nom :	DOB: DDN :

ANNUAL MEMBERSHIP FEE / FRAIS DE COTISATION ANNUELLE

<input type="checkbox"/> Single Membership – \$10 Adhésion individuelle – 10 \$	<input type="checkbox"/> Family Membership – \$20 Adhésion familiale – 20 \$
Amount Enclosed / Montant ci-inclus:	<input type="checkbox"/> Cash / comptant <input type="checkbox"/> Cheque / cheque

**PLEASE SEND APPLICATION FORM TO:
ENVOYER LA DEMANDE D'ADHÉSION À :**

Ottawa Voyageurs Walking Club / Club de marche des Voyageurs d'Ottawa
386 promm. Vince Drive Ottawa , Ontario - K1E 2E3
Membership Jane Fawcett: fawcett.jane@gmail.com

Date received:	<input type="checkbox"/> Cash \$ _____ <input type="checkbox"/> Cheque # _____
Package sent:	Membership #: Membership #: