



VOYAGEUR

The Newsletter of the Ottawa Voyageurs Walking Club
Bulletin du Club de marche des Voyageurs d'Ottawa

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2009

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Articles published in this newsletter do not necessarily reflect the views of the Ottawa Voyageurs d'Ottawa

A WORD FROM THE PRESIDENT...

In this my first president's message in the Voyageur I would like to thank those who attended the AGM in February and have given me your support. Also, a special thanks to all 21 of you who turned out to clean the Voyageur's adopted street - Jeanne d'Arc Blvd. My estimate of time needed was off a bit, but we did have a fair day as far as the weather was concerned.



As you receive this the summer walking season will be in high gear, with walks most weekends, Tuesday and Thursday mornings and our GREAT Wednesday night "Pub" walks until the end of August. Please, we'd like to see you come to our events. We believe we have a great schedule, so come out to support walking in the National Capital Region and bring a friend.

Other activities to highlight before the next issue of the Voyageur will be the Bus Trip.

Bob Brule has put much effort into planning this longer trip, and we have secured a larger bus. For those of you who may have missed some of the earlier trips because the bus was full here is your chance to 'get on the bus.' See the particulars elsewhere in the Voyageur.

Another highlight will be Part One of the 25th Anniversary year for the Voyageurs. Our Annual Volksmarch on Sept 12th will mark the beginning of our 25th year. Our original club, the Rockcliffe Rovers, held their 1st Volksmarch before the CVF was founded. This year to mark the event we will be enhancing our annual Volksmarch. First, there will be a later start time for the 10 km and even later start for the 5 km events. This change has come about so that both groups will return at nearly the same time, closer to lunch, to facilitate the celebration to launch our 25th year of walking in Eastern Ontario with a lunch which includes not only the sausages on a bun, but side dishes, anniversary cake and hopefully a bar (Maybe we can add in the

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pomme frites with mayonnaise and some German music). Remember the IVV motto is Fun, Fitness, Friendship AND FOOD!

Walking is an activity we all enjoy. The Voyageurs are a means to that end. We need to pass on that enjoyment. Who do we know in our neighbourhood who might like to walk? Who at work or in our social circle? Have you spoken to other about walking? Left a copy of our walking schedule? Have you offered to go on a walk with some new to Volkssporting?

How many times have you heard 'Gee, I never knew you folks existed?'

Each of us has to the opportunity to help our club grow and expand so that we can continue to offer walking events in the Ottawa Region. We are stronger because there are many events, and so much variety. After attending the CVF AGM and meeting walkers who have only 1 YRE and no events, I am overwhelmed at how fortunate we are.

Shortly the club will be preparing the walking schedule for 2010. Do you have copies of walk routes that were first used for that event or year rounder? Are there walks you really like and want to see repeated? Is there somewhere you would like to see us put walk, some wonderful gem of a trail you'd like to share?

Please feel free to contact me with your ideas. We may not get to all of them this year, but we will certainly listen and plan accordingly.

And the last item on my list is a big one. At the CVF AGM I made an offer to the Board of Director on behalf of the Voyageurs and the Nomads to host the 2012 CVF AGM. This AGM will mark the 25th anniversary of the founding of the CVF. I know that both clubs will be able to count on the spirit, enthusiasm and dedication of our membership.

Donna Sullivan
OVO President



Highlights from the 2009 CVF AGM and Convention 22-24 May 2009 in North Bay ON



On the weekend of May 22-24th I attended the Canadian Volkssport Federation (CVF) Annual General Meeting and Convention in North Bay. All of the convention activities took place at the Nippissing University/ Canador College campus.

While in North Bay I wore two hats. For much of the time I was there as the CVF Executive Assistant to attend meetings and to market merchandise and walking programs on behalf of the CVF.

At the Annual General Meeting of the CVF I represented the Ottawa Voyageurs Walking Club. There were representatives present from each of the provinces which have clubs.

The two main items on the agenda, aside from the annual report and financial statements, were a motion to amend the rules regarding the preparation of brochures announcing walks and the motion passed at our general meeting in February regarding a new type of YRE.

The first motion was passed, changing the rules to include publicity by electronic means such as our website or the CVF site, as well a paper brochures or provincial booklets. Our motion was withdrawn before discussion. The decision to withdraw the motion was based on information I received from the CVF's insurance coordinator, David Phillips. Based on previous dealings with the insurance underwriter Mr. Phillips felt that the underwriters would refuse a policy to the CVF, or provide one that would be prohibitively expensive if our motion were to have been put into place. Our insurance is based on the assumption that each person doing a walk has read and signed the waiver prior to commencing a walk and starts from one fixed location. Although I felt that we met the first condition, our motion did not meet the second. On that basis I withdrew the motion.

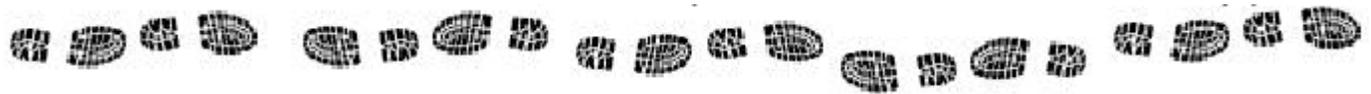
I feel that we need to continue to explore ways to make walking with a club a more popular activity and to encourage more walkers to join our ranks. Perhaps as the numbers of walkers' increases to opportunity to expand walks into areas where there are walkers will present itself? I believe this will need to be explored more thoroughly.

On the more social side of the Convention I must give a great 'BRAVO' to Michelle Michael and the team of volunteers from the Gateway Walkers on a well organized and executed series of Convention activities. Friday there were group walks of the YRE in Callander, an event walk and a B-B-Q. Saturday's walk used the roads and trails around the campus, and Sunday's walk was routed along the shore of Lake Nippissing.

There was a multi-day walk in North Bay. Following the convention Sunday, there was a walk at Samuel de Champlain Provincial Park near Mattawa. On Monday there was a group walk of the S-Seas in Mattawa. North Bay also has two YRE's so it was possible for the ambitious walker to accumulate 9 event stamps.

Catering for the Meet & Greet and Banquet was by the Culinary Arts program of Canador College. We were well fed and well entertained at both events. Awards were presented to 18 walkers who were in attendance, including the CVF's first 25 Year Awards. Some 40 other awards were given to the appropriate directors for presentation. A complete list of award recipients will be published in the next issue of Volkssport Canada.

Donna Sullivan
OVO President



FEET'S FEATS

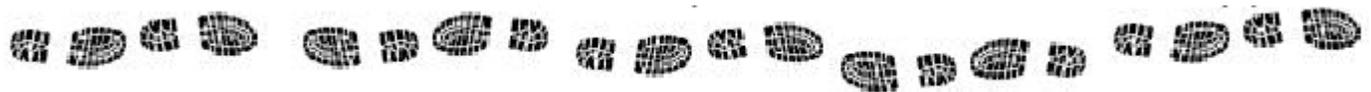
Congratulations to all OVO walkers who have achieved the following awards.

EVENT ACHIEVEMENT AWARDS:

- | | | |
|--|---|---|
| 10 David Edmunds
Ruth Hutchinson
Kathryn Johnson
Richard Johnson
Carolle Seguin | 225 Earl Campsall
Pat Deroche
Maria McConkey | 800 M J Gibson |
| 30 David Edmonds
Carole Seguin | 250 Earl Campsall | 850 Benoit Pinsonneault |
| 50 Carole Seguin | 300 Jane Fawcett | 1000 Kathy Luten |
| 100 Heather Briggs
Karen Venema | 325 Jane Fawcett
Louis Myre
Charles Powell | 1150 Trevor Luten |
| 125 Karen Venema | 375 Dale Powell | 1200 Trevor Luten |
| 175 Brenda Campsall
Pat Deroche
Maria McConkey | 400 Lorna Giles | 1350 Bernice Murphy |
| 200 Brenda Campsall
Pat Deroche | 600 Jane Hare | 1450 Darlene Blight |
| | 650 Dorothy Prieur | 1600 Don Cooper
Joan Cooper
Helen Viel |
| | 700 Jane Estabrooks
Jane Hare
Dorothy Prieur | 1900 Kristien Andreaasen |
| | 750 Donna Sullivan | 2200 Dave Rupar |
| | | 2300 Dave Rupar |

DISTANCE ACHIEVEMENT AWARDS:

- | | | |
|--|---|---|
| 500kms David Edmonds
Carole Seguin | 3000kms Pat Deroche
Maria McConkey | 13000kms Kathy Luten
Benoit Pinsonneault |
| 1000kms Heather Briggs
David Edmonds
Carolle Seguin | 3500kms Jane Fawcett
Maria McConkey | 14000kms Betty Gallimore
Joyce Taylor
M J Gibson |
| 1500kms Lise Tremblay
Maria McConkey
Karen Venema | 4000kms Earl Campsall | 22000kms Trevor Luten |
| 2000kms Maria McConkey | 4500kms Charles Powell | 30000kms Bernice Murphy |
| 2500kms Maria McConkey | 5000kms Dale Powell | 35000kms Don Cooper
Joan Cooper
Doug Chase |
| 3000kms Brenda Campsall | 6500kms Jane Hare | |
| | 7000kms Jane Hare
Sally Hare | |
| | 9000kms Louis Myre | |
| | 10000kms Donna Sullivan | |



O.V.O. Birthdays ~ July to December 2009

Best wishes to the following members who will be celebrating birthdays during the next six months. We apologize if we missed yours. If you would like to see it in future newsletters, please be sure to give us your d.o.b (no year required, date only) when completing your Membership Application for the up-coming year.



July

4 Jim McConkey
Samia Chreim
5 Nancy Good
6 Guy Quirouette
7 Fanny Landry
7 Steve McPhee
8 Marion Tyo
13 Carolle Séguin
15 Gérald Archambault
17 Linda Douglas
21 Rosalee Milford
21 Shirani Wijesekera
24 Carole Daigle
29 Pierrette (Perry) Crowder
30 Kathy Marion

August

2 Kay Guy
4 Darlene Blight
4 Samia Chreim

August cont'd

4 Kirsten Andreassen
6 Suzanne Lavigne
6 Benoît Pinsonneault
21 Ole Olson

September

16 Bernice Murphy
25 Jeannine McCann

October

5 Carole Jobst
6 Diane Pinsonneault
6 Bob Brulé
8 Louis Myre
Phillip Douglas
12 Jane Estabrooks
16 Deborah Doré
19 Mark Orbay
24 Tama Gilles
25 Judy Taschereau

October cont'd

26 Kathryn Johnson
29 Don Cooper

November

12 Hà Archambault
12 Pat Deroche
13 Reg Tyo
20 Stella Limoges
21 Brenda Campsall
22 Nhung Tomkins
27 Linda Diodati
28 Joan Cooper

December

11 Dennis Good
11 Jennie Sabourin
14 Donna Sullivan
Robert Sabourin
19 Claude Seguin
20 Cynthia Genest

OVO Social Events To Year-End



September 18 – 21st 7th Annual OVO 2009 BUS TRIP

Many thanks, to Bob Brulé for taking on coordinating our Annual Bus Trip This year we will circumnavigate Lake Ontario - doing 5 walks in NY State and 3 in Ontario. Check some of the walk possibilities for yourself at www.ava.org/clubs/Niagara/nevainfo.htm; Bob is still working out the specifics of which walks we will be walked with Dorothy Socie from the Niagara Falls Club. If you have a favourite please let Bob know!

Very important: a **passport is a MUST** to cross the border into the US.

A block booking for accommodations will be held at the Downtown Buffalo NY Holiday Inn - www.hibuffalodowntown.com for more information. Each walker/group of walkers **must** make their own accommodation reservations by calling 716-886-2121 to reserve your room; the group code is **OWDO 11429** and contact person at the hotel is Kim Tyger should you encounter any problems. Rooms are \$109 US + tax (approx \$14) per room up to 4 occupants. The hotel is located in the Buffalo historic district - info available on the links on the hotel website. The hotel has recently been renovated and is located in a safe area of Buffalo.

In addition to the hotel, your transportation will cost \$150.00 per walker; while this is \$25 more than last year you are travelling for an additional day. We are fortunate that the OVO Executive is contributing \$500.00 to the trip which helps offset some of this cost to each of you - thank you OVO Exec!!

A larger bus has been reserved and there are only a few seats left Please contact Bob. For those of you who have reserved your spot please send a cheque made out to the Ottawa Voyageurs Walking Club for \$150 by **15 July 2009**. Include your name, address, telephone number and email address with your

payment and confirmed that you have made your room reservation.

If you have any questions, Bob can be reached at bobbrule@rogers.com or 613-421-6643.



October 3rd - Fall Rhapsody. Gatineau Park, QC.

This walk through Gatineau Park during the NCC's Fall Rhapsody is very popular and everyone enjoys the picnic lunch at the end.

Remember to pack your lunch and bring a dessert to share. More details to follow regarding start point and timings.

2nd Annual Ottawa International Walking Festival

The 2nd Annual Ottawa International Walking Festival is a two day event.

The start point is the Ron Kolbus Lakeside Centre, Britannia Park, 102 Greenview, Ottawa ON, K2B 8J8.

Saturday Oct 24

Arrive by	Departure	
12:30	13:30	10 & 5 k Walk

Sunday Oct 25

Arrive by	Departure	
7:00 to	7:30 am	Marathon
7:30 to	8:00 am	32 k Walk
8:00 to	9:00 am	Half Marathon
9:00 to	10:00 am	15 k Walk
10:00 to	12:00 pm	10 & 5 k Walk

November 7th Volunteer Appreciation Walk and Lunch

All *volunteers* from the Ottawa Voyageurs, Nepean Nomads and Ottawa Carleton Volkssport Association are treated to a free walk and lunch in appreciation for their support to the Ottawa area clubs. Walk location and lunch information will be circulated once details are finalized.

November 20th – 5th Annual OVO Christmas Party.

Our Christmas Dinner is also a popular event with member, so keep an eye on your emails for more details on the timings and location for this event

***NEW* -Seasonal Bike Event**

After having no bike event in Ottawa for the last several years, a new Short Seasonal bike event is being put into place. This will open on June 13th and remain open until Thanksgiving Monday- October 12th.

The Start Point for this new event will be at the RA Centre. There will be a separate sign in book and stamp for the bike event located in the current walk box.

At the opening there will be routes as short as 13 km and others extending to the 50+ km length. Some routes will be out and back routes, others will be one way routes in which you ride to the finish and then put yourself and your bike on one of the Rack and Roll busses to return to the RA Centre. Such routes will be clearly marked. Bus tickets or exact cash fares will be needed if the person does not have a pass and wishes to use the bus.

For those walkers in the city who would choose to do this event you may claim only one distance in your walking book, however you could claim 2 event stamps, one before and a second for after July 1.

For those wishing to collect more than one bike distance per year, you must begin using a bike book. These are available from the club. Awards are also available and begin at the 1000 km level.

WANTED

The Voyagers are currently in need of a few good folks to help us thrive and grow. We are in need of some volunteers to help in a somewhat larger capacity than helping at the desk at a walk. Do you have that little bit of extra time? Many hands make for light work.

Trails Committee

For the last several years we have had one person to act as trail master. Benoit Pinsonneault and Louis Myre have done an excellent job as trail master. However, this is really a task for a trails committee. Currently many of our walks, both the YRE's and the events are set up by the person listed in our events brochure as co-coordinator. The trails committee would have oversight of all OVO walks, but would not be responsible for setting them all up. The trail committee would store the signs and walk supplies and ensure that signage and all supplies are brought to walks. The trail committee would assist Event/YRE coordinators with laying trails and confirming the directions are written correctly and distances are appropriate. The Trail Committee would act as event coordinators for our annual volksmarch from Divine Infant and our annual "move your feet so kids can eat" fund raiser for the Cumberland Resource Centre. The trail committee would assist the executive in mapping out the OVO yearly calendar. The executive envisions a group of 3-5 people co-coordinating these tasks among themselves, with one person reporting to the Executive.

Publicity

In the past the publicity has been done by one person, it need not be. The publicity person(s) tasks to get our walks as widely publicized as possible and to increase our visibility. In the past we have used the local community newspapers. The publicity person made certain that our up-coming walk information was to the papers in time for their deadlines. This was done for both the English and French papers. Do you have other ideas of how to get us recognized? Do you have contact with other areas of the media? Are there organizations that you think could help us get greater recognition? Bring us your ideas.

Castor (Social) Committee

The Castor committee is currently made up of 4 people, some of whom are indicating they wish to retire. This group assists the executive in co-coordinating the club social activities... It is the Castor Committee that looks organizes Christmas Party reservations, assists in setting up our AGM, generally assisting with all social activities as requested by the Executive. During the upcoming 25th anniversary year they will be involved in coordinating some of the aspects of our 25th anniversary activities, as mentioned elsewhere. The committee meets occasionally, as needed, to work on the upcoming social activities. Can you give them some assistance?

2nd Annual Ottawa International Walking Festival

The OIWF is seeking a few good volunteers for the Sponsorship Committee; please consider stepping up to assist the organizing committee in making this festival a premier event in Ottawa. Your commitment is one executive meeting a month, one Sponsorship Committee meeting a month with an extra meeting in September / October prior to the event.

Please contact:

Donna Sullivan
OVO President
Phone: (613) 224-6880
lotsakms2@gmail.com

OTTAWA VOYAGEUR YEAR ROUND EVENTS (YREs)

1. **Orléans Recreation Complex. 1490 Youville Drive, Orléans.** Open from 0800 - 1900 Sunday to Saturday with registration closing at 5 p.m. Free parking and washrooms are available at the Orléans Sportsplex.
2. **Quickie Store. 1600 Forest Valley Drive, Orléans,** Open Monday to Friday 07:00- 23:00 and Saturday/Sunday from 08:00 - 23:00. Trail closes at 17:00 hrs. Free parking is available at the store. Washrooms are not available.
3. **Ultramar Service Station. Corner of Orléans Blvd. and Jeanne d'Arc Blvd.** (north intersection). Ultramar is open every day. Registration is from 08:00 - 19:00 hrs. Trail closes at 21:00 p.m. Free parking is available at the shopping centre. Limited washroom facilities.
4. **New Edinburgh, Shell Service Station - 1 Montreal Road, Vanier, ON.** Station is open every day. Registration is open from 08:00 - 18:00. Trail closes at 21:00. Park as directed by station attendants or on street or at the shopping mall across the street. Washrooms are available.
5. **Ray Friel Centre 1585 Tenth Line Road.** Open daily from 8:00 am - 9:00 p.m. with registration closing at 5:00 p.m. Free parking and washrooms available.
6. **Beacon Hill Shopping Centre, The Hill Butcher - 2339 Ogilvie Road.** Open weekdays from 9:30 am - 5:00 p.m. Weekends 10:00 - 5:00 p.m. Closed statutory holidays. Free parking and washrooms available.
7. **Blackburn Hamlet, Mac's Store, 2762 Innes Road.** Open daily 24 hours. Free parking available at the mall.
8. **Ottawa Downtown - Food Mart Express, 380 Laurier Avenue** Open daily 24 hours. Parking on street.
9. **RA Centre - 2451 Riverside Drive.** Open daily from 8:00 am - 10:00 p.m. Free parking and washrooms available.
10. **Tribute to the Canadian Forces - Champagne Bath - 321 King Edward Ave.** 06:15 - 22:00 except Thursday, Saturday and Sunday from 09:00. Parking on street.
11. **Lighthouse Walk - Ottawa Lighthouse Walk - Shoppers Drug Mart, 1559 Alta Vista Drive.** Open daily from 8:00 am to midnight. Free parking and washrooms available at the Tim Hortons in plaza.

TRAIL DIRECTOR REPORT

By Louis Myre

When this newsletter is published, a third of our walking program will have been completed. The participation average to date is of 62.8 which is up from the 47.6 people per event, recorded last year at this time. It is great to see an increase in the number of walkers. The weather does play a part in these statistics, but you have been coming out in spite of the rain. If you think of ways to reach out and encourage people who love to walk but haven't participated in one of our events let your executive members know. In order for our clubs to grow and thrive, volksmarchers need to reach out and encourage people of all ages to join us for our walks. The following is our statistics to date:

Walk #	Date	Name	Total	Grand total	Average
#1	21 Feb 09	Winterlude	40	40	40
#2	16 May 09	Tulip Festival	91	131	65.5
#3	17 May 09	Tulip Festival	66	197	65.7
#4	18 May 09	Tulip Festival	69	266	66.5
#5	30 May 09	Discover Far-Western QC - Montebello	48	314	62.8

PHOTOS from Ottawa Voyageurs Walks since our last issue



☛ Christmas Lights walk December, 2008



☛ Tulip Festival Walks 2009



☛ Spring Clean Up Crew at work

Photos compliments of: D Sullivan, G Bell and K Luten

THANK YOU TO OUR ANNUAL GENERAL MEETING DOOR PRIZE SPONSORS AND CONGRATULATIONS TO THE WINNERS

Ottawa Cruise Ship Centre - travel bags won by Georgina King and Diane Pinsonneault; water bottles won by Karen Venema, Brenda Campsell, Graham Fawcett, Heather Briggs

Jim McConkey - Bottles of Wine won by Richard Johnson and Claude Seguin

Letellier Shoes-Chaussures - gift certificate won by Diane Hoskins

OTTAWA VOYAGEURS EVENTS July 1 – December 13, 2009

Week Day	Date	Event	Time	Type
Saturday	6/20/2009	Honouring French Heritage, 300 des Pères Blancs, Vanier, ON	9-1000	MW
Wednesday	6/24/2009	Grace O'Malley's – Carson Grove Walk, 1151 Ogilvie Rd, Ottawa, ON	18-1900	EMW
Wednesday	7/1/2009	Canada Day Walk - YMCA-YWCA, 180 Argyle St., Ottawa, ON	9-1000	MW
Wednesday	7/15/2009	Lunergan's Pub – Rothwell Heights Walk, 1661 Montréal Rd., Ottawa	18-1900	EMW
Wednesday	7/29/2009	Finnigan's Pub - Vanier / Rockcliffe Walk, 347 Montréal Rd., Ottawa	18-1900	EMW
Wednesday	8/5/2009	Rideau River Walk – RA Centre, 2451 Riverside Drive, Ottawa, ON	18-1900	EMW
Wednesday	8/19/2009	Petrie Island - Royal Canadian Legion, 800 Taylor Creek Dr., Orléans	18-1900	EMW
Saturday	9/12/2009	OVO Annual Volksmarch - Divine Infant RC Church, Orléans, ON	9-1100	W
Sunday	9/20/2009	Charity Walk Orléans-Cumberland Resource Centre - Place d'Orléans	10-1200	MW
Saturday	10/3/2009	Fall Rhapsody – Gatineau Park, QC	9-1030	MW
Sat-Sun	10/24-25/2009	Ottawa International Walking Festival - Ron Kolbus Ctre Britannia Park	See Brochure	
Saturday	11/7/2009	Volunteer Appreciation Day - To be determined (Hosted by OVO)	900	GW
Wednesday	11/11/2009	YRE - Champagne Bath, 321 King Edward, Ottawa (Remembrance Day)	900	GW
Sunday	12/13/2009	Christmas Lights Walk - Elephant & Castle, Rideau Centre, Ottawa, ON	18-1900	EMW

Full details on all walks is available at www.ottawavoyageurs.ca

** Ottawa International Walking Festival is a new event – more details to follow.

CVF Volunteer Service Awards

Every year at the CVF annual Convention the CVF presents awards to members of various clubs for outstanding service to the club, the CVF and Volkssporting in general.

On May 23 CVF Awards were announced for nine walkers from Alberta, seven walkers from British Columbia, seven walkers from Quebec, eighteen walkers from Nova Scotia and seventeen awards for Ontario (mostly from the 2 Ottawa clubs). Those not present in North Bay will receive theirs at a later date, hopefully to be presented by the new Ontario Director, Sue Osborn of Kingston.

- ✚ **Ron Colpitts Award** for 5 years service went to: Michelle Michael of North Bay; Sally Hare, Jane Hare, Bruce Hillier, Marian Hillier, Lynda O'Dwyer, Jane Estabrooks, Linda Christianson, Pat Booth of Ottawa
- ✚ **Diane Hoskins Award** for 10 years service were presented to: Joyce Taylor, Darlene Blight, Perry Crowder, Kathleen Kurtz of Ottawa.
- ✚ **15 Year Service Awards** were presented to: Steve McPhee and Kirsten Andreassen of Ottawa
- ✚ **20 Year Service Award** was presented to: David Phillips of Kingston
- ✚ **25 Year Service Awards** for the 1st time were presented to: Lionel and Lily Conrod of Dartmouth - Lionel is a past CVF President and current Volkssport Canada Editor.

Presentations were also made to retiring CVF Provincial /Regional Directors. Ole Olsen will receive one of these awards on completion of his 4 year term as CVF Ontario Director.



Ottawa Voyageurs Walking club Club De Marche des Voyageurs D'ottawa

Membership Application Demande d'adhésion

MEMBER INFORMATION / RENSEIGNEMENTS SUR LE MEMBRE

Date:	<input type="checkbox"/> Renewal / Renouvellement	<input type="checkbox"/> New Member / Nouveau membre
Name: Nom :		
Phone (H): Téléphone (M) :	Phone (W): Téléphone (B) :	Fax: Télécopieur :
Address: Adresse :		
City: Ville :	Province:	Postal Code: Code Postal :
E-mail: Courriel :	Date of birth: Date de naissance :	
Would you be willing to help with club activities? Accepteriez-vous d'aider le club dans ses activités ?		
<input type="checkbox"/> Yes / Oui <input type="checkbox"/> No / Non		

COMPLETE THE FOLLOWING IF THIS IS A FAMILY MEMBERSHIP: À COMPÉTER DANS LE CAS D'UNE ADHÉSION FAMILIALE :

Spouse Name: Nom du conjoint:		
Phone (H): Téléphone (M) :	Phone (W): Téléphone (B) :	Fax: Télécopieur :
E-mail: Courriel :	Date of birth: Date de naissance :	
Would you be willing to help with club activities? Accepteriez-vous d'aider le club dans ses activités ?		
<input type="checkbox"/> Yes / Oui <input type="checkbox"/> No / Non		

CHILDREN STILL LIVING AT HOME / ENFANTS VIVANT TOUJOURS À LA MAISON :

Name: Nom :	DOB: DDN :	Name: Nom :	DOB: DDN :
Name: Nom :	DOB: DDN :	Name: Nom :	DOB: DDN :

ANNUAL MEMBERSHIP FEE / FRAIS DE COTISATION ANNUELLE

<input type="checkbox"/> Single Membership – \$10 Adhésion individuelle – 10 \$	<input type="checkbox"/> Family Membership – \$20 Adhésion familiale – 20 \$
Amount Enclosed / Montant ci-inclus:	<input type="checkbox"/> Cash / comptant <input type="checkbox"/> Cheque / cheque

PLEASE SEND APPLICATION FORM TO: ENVOYER LA DEMANDE D'ADHÉSION À :

Ottawa Voyageurs Walking Club / Club de marche des Voyageurs d'Ottawa
Postal Box 331, Ottawa, Ontario K1C 1S7

For more information, please contact: Pour plus de renseignements contactez :	Karen Venema (613) 731-5417 karen.venema@ottawa.ca
Date received:	<input type="checkbox"/> Cash \$ _____ <input type="checkbox"/> Cheque # _____
Package sent:	Membership #: Membership #: