



Ottawa Voyageurs Walking Club Club de marche Voyageurs d'Ottawa



OTTAWA – SANDY HILL, PT # 050

Distance: 6K, Rating: 1A

Start Point: Rideau Sports Centre, 1 Donald St, Ottawa

1. Exit the Rideau Sports Centre and turn **right** on the road, then **left** on the bike path toward the pedestrian bridge (Adàwe Crossing) over the Rideau River.
2. **Right** to **cross** the Adàwe pedestrian and cyclist bridge. On the other side of the bridge, **right**, just before the parking lot, on the paved path then immediately, **veer left** on the gravel path which goes through the centre of Strathcona Park. Keep **right** at the 3 recycle bins, then straight to pass between the on the sandy play area with ruins and the wading pool. (Explore this bronze and stone public art sculpture). Stay left at the next intersection toward the stairs. Go **up the stairs** to the fountain – Lord Strathcona Fountain. (1 km)
3. **Left** on the shady path to the corner of Laurier Ave. & Range Rd.
4. **Cross** and turn **left** on Range Rd to Mann Ave. **Right** on Mann Ave. to Blackburn Ave.
5. **Right** on Blackburn Ave to Osgoode St. **Left** on Osgoode St (3 blocks) to Sweetland Ave. **Left** on Sweetland Ave. to Somerset St.
6. **Cross** Sommerset St. E. and turn **right** on Somerset St. (*washrooms at the Sandy Hill Community Centre when open*)
7. **Left** on Nelson St. (3 km) After a short distance, **left** to enter the park. Follow the shaded path on the far left of the park, as it curves right. Keep to the left at the play structure. Just before the street (Annie Pootoogook Park sign), **right** to pass in front of the wading pool (*washrooms when open*). **Exit** the park to the street.
8. **Right** on Templeton St. (1 block) to Henderson Ave. (*Washrooms: uOttawa Minto Sports Complex, 40 Templeton St.*)
9. **Right** on Henderson Ave. Carefully **cross** Somerset St. Continue on Henderson Ave. to Laurier Ave. E. (4 km) **Right** on Laurier Ave. E. to Marlborough Ave.
10. **Right** on Marlborough Ave to the end at Mann Ave. **Left** on Mann Ave to the end. **Cross** Range Rd. **Left** on the paved path along the Rideau River.
11. **Right** to **cross** the Adàwe bridge and return to the Rideau Sports Centre. (6.1 km)



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